



MONTHLY

# Tidings

TRINITY UNITED METHODIST CHURCH

TALLAHASSEE, FLORIDA

Volume 39, Number 5, May, 2012

*Trinity's Mission: We are a community of Christian disciples building pathways through which God's love is realized.*

## Trinity gives help to HOPE House

Sam Rogers, Sr.

The March issue of **Tidings** announced the start of a major outreach initiative to improve living conditions for homeless children and their parents at the Hope Community homeless shelter. Trinity members have responded in typical and enthusiastic fashion through volunteering time and money to this worthy effort. Through April, four residential bedrooms will have been painted ceiling to floor and upgraded with new interior furnishings

including extensive cabinetry, rugs, bedding and blinds. Before and after photos of these rooms are shown below. But, there is much more to be done in this long term ongoing project. Continued priority is focused on 10 remaining bedrooms, nine bathrooms, and improvements to the laundry room. How can you, as a Trinity member, become involved?:

- Make a personal cash contribution payable to Trinity United Methodist Church

(Note on check: For Hope Project). Materials costs are running about \$500 per room.

- Volunteer a day or more of your time to help with clean up and painting of rooms. Each room takes two persons about two days for cleaning, preparation and painting. If you are interested contact Hillary Ryan the church HEO office, 222-1120, or Sam Rogers, Project Coordinator, at [srogerssr@aoi.com](mailto:srogerssr@aoi.com) or call 893-5396. Come and serve.

Photos like these show how far the crew has come so far. There are still many rooms left to complete.



Thanks to volunteers like, Sam Rogers, Sr. (pictured at left in the white shirt), former Trinity senior pastor, John Willis, John Stewart (at left in the green shirt), Mary Margaret Rogers, Lynda Hanson, HEO Coordinator, Hillary Ryan, Beverly Bureson, and many others, plus donations from people like you, things have been slowly changing for the better.

At right, Eric Ryan and son, Kane (left), share their dog with a boy who lost his dog when his family lost their home. Kids can't control being homeless.



# Gifts to Trinity

Trinity received the following gifts from March 21 - April 18, 2012:



In memory of **Mabel T. Kilner** from Sam and Mary Margaret Rogers, Led and Oberley Brown, Bill and Paula Smith, Winn Goodwin, and John and Mary Leslie Olson.

In memory of **Caroline Haney** from Sam and Mary Margaret Rogers.

In memory of **John Hunt, Sr.** from Bill and Cynthia Smith and Led and Oberley Brown.

In memory of **Mary Blackburn** from UMW Circle IX.

In honor of **Beverly Burluson's** birthday from DeShea Rimes.

## Trinity's Facebook

Come see what's new!

Do you have a Facebook page? If you do, have you joined the Trinity Facebook page yet? A couple of years ago, Rick Minor saw the potential of a Facebook page for Trinity members and established a presence for the church. Now, with



over 270 page members, this is a great way to find out what's happening around the church.

## Lots of photos

This is also a great place to see photos of current events. Were you at the recent Easter Egg Hunt at Tom Brown Park? Were you at church on Easter Sunday? Look on the Trinity Facebook page to see a bunch of photos of these events.

We'll see you there!

# WAYNE'S WORDS

By E. Wayne Curry  
Senior Pastor

Dear Friends,

We're now on the other side of Easter. Like the beautiful season of spring, it is a time of new beginnings, new life, new birth. A prayer that I have been using daily speaks powerfully of beginnings. It was written by a Presbyterian minister, Ted Loder, and I offer it to you. You might want to pay particular attention to what he says in the last few lines about growing older. Maybe it will speak to you as it did to me.

*God of history and of my heart, so much has happened to me over the years: I've known death and birth; I've been brave and scared; I've hurt, I've helped; I've been honest, I've lied; I've destroyed, I've created; I've been with people, I've been lonely; I've been loyal, I've betrayed; I've decided, I've waffled; I've laughed and I've cried. You know my frail heart and my frayed history.*

*O God, help me to believe in beginnings and in my beginning again, no matter how often I've failed before. Help me to make beginnings: to begin going out of my weary mind into fresh dreams, daring to make my own bold tracks in the land of now; to begin forgiving that I may experience mercy; to begin questioning the unquestionable that I may know truth; to begin disciplining that I may create beauty; to begin sacrificing that I may accomplish justice; to begin risking that I may make peace; to begin loving that I may realize joy.*



*Help me to be a beginning for others, to be a singer to the songless, a storyteller to the aimless, a befriender of the friendless, to become a beginning of hope for the despairing, or assurance for the doubting, of reconciliation for the divided; to become a beginning of beauty for the forlorn, of sweetness for the soured, of gentleness for the angry, of wholeness for the broken, of peace for the frightened and violent of the earth.*

*Help me to believe in beginnings, to make a beginning, to be a beginning, so that I may not just grow old, but grow new each day of this wild, amazing life you call me to live with the passion of Jesus Christ. Amen.*

I love that... "this wild, amazing life you call me to live!"

You are loved,

# Music News for April

Mark Repasky  
Director of Music

Some weekends for musicians at Trinity are busier than others! On the weekend of April 27-29, special performances were presented by our two NETkids choirs, our two steel bands and the Adult Orff Ensemble. The children presented their 30-minute musical “Sherman on the Mount” at all three worship services April 29. On April 28, the other three groups performed at the General Conference of the United Methodist Church at the Tampa Convention Center. This was the first out of town trip by the steel bands and the Adult Orff Ensemble.

## Sunday School Children Visit the SUN Service

One aspect of the workshop presented by the drama group Friends of the Groom in February was how to prepare and present a scripture tableau. February 19, during the worship services, “Crossing the Red Sea” was presented as a scripture tableau. Our first through fifth grade Sunday School children have been preparing one of their own! We present it during the SUN Service on June 3. It tells the story of Jesus calming the storm while in a boat with some of his disciples. Of course there is a song that goes with it. It begins with “Peter was rowing across the lake while Jesus was sleeping in the boat.”



Onlookers enjoyed the unique tones produced by the Trinity steel bands at Springtime Tallahassee.



Gregory Hilliard sang and played in the steel bands in front of the church during Springtime Tallahassee.



Members of the Trinity steel bands, “Pans of Praise” and “Sacred Pans,” performed at the Springtime Tallahassee celebration.

# Trinity members shine in local community

## Gloria Colvin: Librarian Extraordinaire for FSU and Trinity

Trinity's own Gloria Colvin was recently selected by her colleagues and



students to receive the inaugural Fred L. Standley Award for Florida State University Academic Librarian of the Year. She received a framed certificate during the Friends of the FSU Libraries Annual Dinner on March 23rd at the Turnbull Conference Center. Her name will be inscribed on a plaque in the main lobby of Strozier Library. She is also the 2011-2012 president of the Florida

Library Association and has served as chair of the Florida Book Awards Executive Committee since 2009.

Gloria earned a BA and a MA in Teaching from Duke University. Later she attended the University of North Carolina at Chapel Hill, NC where she earned a Master of Science degree in Library Science.

Gloria is currently serving Trinity by using her library expertise to update and computerize our McKenzie Library. She and a small team of volunteers are using the Concourse Library System to enable Trinity members to search for books by title, author, subject, or keyword index.

She keeps newly acquired books on timely subjects on display on the first bookshelf inside the door. Gloria, or one of the volunteers, is usually present during the Sunday School hour to help visitors. Our **McKenzie Library** is one of the secret treasures of Trinity United Methodist Church and Gloria Colvin is largely responsible for the easy access to this extensive collection.

## Dot Binger: 2012 Trailblazer



Trinity member, Dorothy "Dot" Binger holds her award as The Oasis Center for Women and Girls recognizes local women who have rewritten history by blazing trails. The 2012 Trailblazers were honored at the Women's History Month Community Luncheon on Thursday, March 29, at the Lively Cafe in St. John's Church.

# Come Join Trinity's Softball Team!

Ryan Aamodt

Interested in playing softball for Trinity United Methodist Church? TUMC is looking for men and women of all skill levels to join their Men's Church and Co-Ed softball leagues. The fall season is approaching fast and we would love for you to come out and have a good time. The league season consists of either a 10 game or 15 game schedule starting in early September and lasting fifteen weeks. All games take place after 6:30 PM on weekdays, so it is a good stress reliever



after a hard day's work. If you are looking to have a good time, want to meet new people and make new friends within the TUMC community, our church softball leagues are the right place for you! Not interested in playing? Look for announcements in the weekly bulletin for game times and come out and cheer on the team!

If you would like to join or have any questions, please email Ryan Aamodt at [ryanaamodt@gmail.com](mailto:ryanaamodt@gmail.com) or call at (813) 317-8861.

## District Superintendent Fernandez farewell May 20 — 3-5 p.m.

District Superintendent Tony Fernandez's retirement reception is on Sunday, May 20. Saint Paul's UMC will host the reception that will be from 3:00 pm – 5:00 pm. A special program will begin at 4 p.m. Please come!

*DS Tony Fernandez is pictured here speaking in Moor Hall during the yearly Charge Conference.*



# Health Wellness news for May

Beth Curry and Richard Parsons



## 95210 - Take the Challenge - Baby Steps from Terri Sue

Terri Sue Aldridge

Friends, we are three months into our 95210 journey. "How are you doing?" I hope you are feeling a positive difference in your life with the changes you are making. For me and my family, we are doing well. I'm happy to report that according to my doctor's scale, I've lost around ten pounds.

But we've had a few hiccups along the way with the most recent being a business trip and weekend get-away. My intentions were noble. I was going to take my tennis shoes so I could exercise in the hotel gym - but forgot them. And I was going to go to Publix and buy healthy food to eat during my meetings, and I did buy some plums, oranges and almonds, but I also ended up overindulging

at P.F. Changs, The Cheesecake Factory, and Outback Steakhouse. I even ate at a Tex Mex restaurant, that believe it or not actually had the calories listed by the menu items, but it still didn't stop me from eating a bowl of queso and a side order of black beans.

You're probably wondering how in the world I've lost ten pounds considering my dining choices. The answer is simple: I don't eat like this all the time. Did I fail miserably while out of town? In a word--YES. But, I also learned a few lessons and figured out how I want to measure my success. Losing weight is great—I'm up for that anytime, but it's about so much more than the number on the scale—it's about developing healthy habits that carry you 90-95% of the time. So, I'm taking Baby Steps - day by day. I'm measuring my success by the habits I'm developing each day. If I do that, other things will fall into place.

## City of Tallahassee Joins the 95210 Challenge

Did you see the recent news? The City of Tallahassee is also taking on the 95210 challenge. Isn't it wonderful that Trinity members and the children in our preschool are already part of this cutting edge initiative toward better health?

May is the month to focus on the number "9." Do you recall what that stands for? Get NINE hours of sleep (for the average adult 7-9 hours is recommended). Why? Sleep enables your body to rest and recharge; your heart will be healthier; your thoughts will be clearer; and you'll feel a lot better too. Many scientific studies are beginning to show the importance of getting a good nights' sleep - for both children and adults.

If you'd like to join Trinity's 95210 Challenge - please email Beth Curry (BFCSeries@yahoo.com) or talk to any Health Wellness Team member. And, be sure to stop by the "Take the Challenge" wall in the Welcome Center to see who else is on this journey!

## Trinity Runners win and show well at Springtime Tallahassee

Twenty-five runners and walkers from Trinity participated in the Springtime Tallahassee race this year. And Trinity did very well! Our 10k team finished in first place among the other religious groups, and our 5k team finished in second place in the religious category. Congratulations and thanks to all who participated!



## Health Wellness Calendar

Drop in any time!  
Classes are in the Parlor.

### BFC Series

### Exercise Classes

- Tuesdays and Thursdays —
- 9:15 a.m. - Staying Strong
- 11:00 a.m. - Variety Mix\*  
*\*Nursery by reservation only*
- Wednesdays —
- 4:15-5:30 p.m. - Better Balance
- 6:30-7:30 p.m. - Power Hour\*  
*(\*returns to 6:30 on Apr. 18)*

Note: Wednesday Only - Classes will end on May 23 and take a break for the summer. Tuesday/Thursday classes continue all summer.

For more information:

Beth Curry at BFCSeries@yahoo.com or Richard Parsons at rrptry@gmail.com

### UPCOMING EVENTS

#### Tuesday, May 8

Mats for the Homeless  
10:30 - Conference Room

#### Tuesday, May 8

Hats for the Homeless  
12:30 - Conference Room

#### Tuesday, May 22

Diabetes Support Group  
1:00 - Library

## Diabetes Support Group at Trinity

The Diabetes Support Group will meet the 4th Tuesday of every month at 1 p.m. in the church library. If you or a family member is struggling with this disease, this is the place for you. Please join us for the next meeting on Tuesday, May 22. For more information, contact Donna Frinks at BFCSeries@yahoo.com.

# UMW program to show ways to glorify God

Julie Pararo

The circle group theme for May is "Glorifying God in All We Do." Please join us for a unique program combining scripture lead by Ann Lumsden, with an accessory demonstration by Eloise Harbeson and Julie Pararo. Bring your favorite scarf and see the many ways it can put a 'spring' in your step.

All Trinity members are invited to attend. Reservations for the luncheon (\$6) should be telephoned to Nancy Kerce (877-6546) by Friday, April 27.

## UMW Circles to Meet

**Circle 1** meets on Monday, May 7 at 10 a.m. at Nancy Mix's house. Her address is 7720 Centerville Road, 386-1626.

**Circle 2** meets in Church Parlor on Tuesday, May 1 at 12:45.

**Circle 4** meets in the Church Library on Tuesday, May 8 at 10:30 a.m.

**Circle 5** meets Thursday, May 10 at 7 p.m. at Lynette Halters' at 406 Glenview Dr., Apt. 6, 407-952-5570

**Circle 6** meets Monday, May 14 at Julie Pararo's, 2104 Randolph Circle, 385-9791.

**Circle 8** meets Wednesday, May 2 at downtown restaurant.

**Circle 9** meets Tuesday, May 15 at 10 a.m. at Kitty Ball's house, 702 North Ride, 386-2521.

## Church Women United - May Friendship Day

Sandra Genetin

Don't miss the **May Friendship Day** celebration - "Sights and Sounds of Harmony - Listening to My Sisters." It will be held Friday, May 4 at 10 a.m. at Bethel Missionary Baptist Church, 224 N Martin Luther King Boulevard. All are invited!



## Clothing Connection

Walli Beall

Fortunately spring cleaning no longer entails wall scrubs and beating rugs. However, even the most laid back of us will tackle a closet or a drawer or two in our nod to seasonal renewal! At least the Clothing Connection at Trinity hopes the congregation will again be so inclined.

Coming off the very successful first Clothing Connection event, when Trinity members donated some 6000 free articles

of clothing to the community, the hope is that this year's event scheduled for September 15 will build on that success. We hope to reach even more people with even more pick-up perfect goods.

Member support of this new outreach ministry at Trinity is essential, as we put "all hands on deck" to answer in one day, the plea for gently used clothing! This is our gift to a community whose budgets can't stretch to buy the needed shoes for children or the appropriate nice suit which gives confidence to a job seeker! Based on the congregation and volunteer and recipient feedback, we are prioritizing our clothing request:

- Children's clothing (all ages)
- Men's shoes
- Men's pants, suits and shirts
- Women's sizes 1X - 4X
- New under garments
- Handbags
- Volunteers to help plan, or sort, or stage, or act as Hosts
- Blankets
- \$\$\$ to help defray costs (Last year \$1,000 was spent and this is not in Church budget)
- Bibles
- Transportation & Publicity (Many could not reach us last year due to lack of transportation or knowledge of the resources)

We are fortunate in Tallahassee to have Trinity, the Church with a Heart for the City, located central to all areas of our community. We are fortunate as a church family to be reminded each week that "We are loved"! We are indeed fortunate through this Clothing Connection Ministry to have the opportunity to share in God's love to our neighbors!

If you are interested in working in concert with others on this project, please contact Hillary Ryan at 222-1120 or Walli Beall at 893-3891.



## Spring Sock Hop

Brett Ingram  
Youth council member

As you may know, the Trinity Youth are preparing a phenomenal church-wide event for the whole family.

On Friday, May 4 from 6:30 to 9:30p.m., the Trinity Youth are presenting a 1950s-style "Spring Sock Hop" fundraiser in Moor Hall.



### Spring Sock Hop

- Dancing
- Contests such as bubble gum blowing, hula hoop, Limbo and more...
- Recorded and Live Music ... and maybe even special appearances from some of your favorite 1950s entertainer impersonators.



\$6 per person gets you in the door, and childcare is available - \$5 per child or \$7 per family. There's also a Diner and Soda Fountain at 50s prices!

Money raised from this event will be used to offset the cost of the youth summer mission trip to North Carolina.

Whether you're a greaser or a dolly, hip or square, a big daddy or an ankle-biter you are guaranteed to go ape over this crazy bash. So, put on your best leather jackets or poodle skirts, get in your tank or hot rod and plan to make the scene!

Later, gator!

# Youth Happenings in May

Kelly Rains      John Freeze  
 Youth Director    Youth Intern

## A Note from Kelly ...

So why not just ask? Some of you have, but others have not. With both of my children graduating from high school this year, many have asked me what I am going to do next year. Well, let's see. First, I am going to miss them terribly - and that is the way I think it should be! Second, I am going to decide what to do with my "extra" time and don't worry, I have lots of ideas. Third, I am going to continue working right here at Trinity as the Youth Director, a job I love and find very rewarding.

I first took this job 5 years ago because my children were in the youth group, and the youth group was in need of a new Youth Director. After several months of looking for a new Youth Director they still had not found anyone. I had prayed for months for God to

bring someone, and hoped my children, along with the rest of the youth group, would get someone soon. Well, little did I know God was waiting on me to step up and answer that prayer!

So, 5 years later I'm still here and have loved getting to know our youth here at Trinity. I've said it a million times, our youth are amazing and I couldn't imagine working anywhere else. I love this church, our youth, our parents, and our volunteers. We have a good thing going here at Trinity and I am so fortunate to call this place home. Just because my own children are heading off does not mean I am heading off too. I still have lots of energy left in me to keep on leading this youth group and I look forward to everything we will do in the future. I wouldn't want to be anywhere else.



The new banner for the Spaghetti Lunch.



In the photo above, the Youth are ready to serve spaghetti during Springtime Tallahassee. At left, those who participated in the 30-Hour Famine worked at Centenary Camp. In the photo below, Mid-High Madness drew an enthusiastic group of Mid-High youth!



## Upcoming Youth events for May

- May 2..... Middle School Bible Study
- May 4..... Sock Hop Fundraiser
- May 5..... Confirmation Banquet and Rehearsal 6pm
- May 6..... Confirmation Sunday (11am service)
- May 6..... Praise Band 4pm, Youth Choir 5pm, UMYF 6pm
- May 9..... Last Middle School Bible Study
- May 13..... No afternoon or evening activities (Mother's Day)
- May 20..... Graduate Sunday (11am service), Grad Breakfast (9:45am)
- May 20..... Praise Band 4pm, Youth Choir 5pm, UMYF 6pm
- May 27..... Youth Choir Sings
- May 27..... Worship together 9:45am, outing following (see website)

## Summer Events

- June 3..... VBS Training for all youth participating 6pm
- June 4-8 ..... VBS
- June 8..... Youth Lunch after VBS
- June 10-15 ... Youth Week
- June 17..... No afternoon or evening activities (Father's Day)
- June 24-30 ... High School Mission Trip to North Carolina
- July 15..... Camp paperwork due!
- July 16-21 .... Warren Willis Summer Camp
- July 25-28 .... Middle School Mission Trip to Jacksonville
- July 29..... Youth Sunday prep 6-8pm
- August 1-3 ... Youth Sunday prep 6-8pm
- August 4..... Youth Sunday Rehearsal 1-4pm
- August 5..... Youth Sunday (all 3 services)

Stay current at [undergroundministries.org](http://undergroundministries.org)

### Attention all graduates

The Tidings would like to publish your High School picture, (and college grads photos as space allows) and a brief description. Just make sure to submit your information and photo to [radams@tumct.org](mailto:radams@tumct.org) by May 10. The Trinity graduates feature will be in the June/July Tidings.

# New members join Trinity

Please take a moment to read these brief biographical sketches to learn more about these interesting new members.

**Larry and Nan Baird** transferred their membership from another Methodist church. They have two grown children, Larry and Cherry. They are the proud grandparents to six grandchildren. They are both retired, and are living at Westminster Oaks community. Larry enjoys playing golf, restoring antique cars, and likes all sports - especially basketball. Nan is a retired art teacher and real estate associate.

**Dave and Rachel Cone** have an 18 month-old girl, Emmeline. Dave joined by reaffirmation of faith, and Rachel transferred her membership. Dave works at the Florida Institute of CPAs as their web developer. He also enjoys photography and developing websites. Rachel is the Communications Director for the Florida Department of Environmental Protection.

**Don Fry and Jeanna Olson** both joined by reaffirmation of faith. Don is an Army veteran, now in private security. He has lived all over the world and enjoys long-distance running. Jeanna works for the Florida Department of Childen and Families. She is a board member of PACE


Center for Girls, and enjoys traveling with Don.

**Tony and Diane Kroeger** joined by transfer of membership. They have two grown children, Ryan and Kelly. Tony is retired after a career in manufacturing. Diane is a Professor at USEF, teaching literacy studies. She grew up in Tallahassee and is looking forward to becoming a part of the Trinity family.

**Summer McWilliams** joined from another denomination. She is a doctoral candidate in Sociology. Summer has been in Tallahassee since 2008 and is glad to call Trinity her church home. She is active in Junior League and hopes to find more ways to serve the community through Trinity's ministries.

**Justin and Sarah Parramore** have a 5 month-old baby boy, Preston. Justin joined from another denomination and Sarah joined by transfer of membership. Justin works for Capital City Bank and enjoys golf, fishing, and volunteer work. Sarah is an auditor for Law, Redd, Crona & Munroe, P.A. She enjoys traveling, spending time with family and friends, and, as a graduate of Virginia Tech - loves Hokie football!

MONTHLY



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Tony Fotsch, **Associate Pastor**  
Barbara Hynes, **Associate Pastor of Discipleship**  
Rex W. Adams, **Communications Director**

PERIODICALS  
POSTAGE PAID  
USPS 01 3-030  
TALLAHASSEE FL

The Monthly Tidings (USPS 01 3-030) is published monthly and for a combined first-class issue published in June by Trinity United Methodist Church, 120 W. Park Ave., Tallahassee, FL 32301. POSTMASTER: Send address changes to the Monthly Tidings, 120 W. Park Ave., Tallahassee, FL 32301. Periodical postage paid at Tallahassee, FL.



*New members who joined in March are, from left, Justin Parramore, Sarah Parramore, David Cone, Rachel Cone, Don Fry, Jolie Ritter, Jeanna Olson, Summer McWilliams, Diane Kroeger, and Tony Kroeger. Not pictured are Larry Baird and Nan Baird. Look for Jolie Ritter's bio in the February issue of Tidings.*