

Trinity's Mission: We are a community of Christian disciples building pathways through which God's love is realized.

News From Cuba

Gift from Trinity make a huge difference to sister church in Fomento

Sam Rogers, Sr.

Since their visit to Trinity last fall, Pastor Dioselvi Sanchez Reyes and his wife, Yamile, of our sister church in Fomento, Cuba have been extremely busy. Armed with a generous

be suspended when those frequent tropical thundershowers inundated the sanctuary.

With the enthusiastic assistance of volunteers, the roof repairs were

> completed in just over a week. The new kitchen facility, when completed, will replace an outdoor makeshift open charcoal fire arrangement

corrugated tin in the

covered by courtyard. They are currently awaiting government approval and expect completion by summer. Like Christians everywhere, San Pablo Church just completed celebration of Semana Santa (Holy Week) during

Pastor Dioselvi gives a thumbs-up as work progresses on the roof of the church. The roof was replaced using volunteer labor, with materials purchased with the generous donations from Trinity members.

prayers, including prayers for Trinity and

its members. This September, a delegation

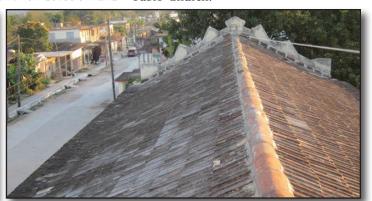


Members of the San Pablo Methodist Church gather together to give thanks. cash donation from Trinity members, they

have undertaken a project to rebuild the roof on the pre-revolution (circa 1940s) sanctuary that houses San Pablo Methodist Church, and to add an outdoor kitchen. The sanctuary roof was in such a state of disrepair from old age, that worship services had to

of Trinity members consisting of Leslie Elliott, Vilma Wollschlager and Lisa Prasse will be attending the Cuban National Methodist Women's Council meeting in Santa Clara, Cuba. While there, they will be spending several days in Fomento as which members gathered every morning guests of our brothers and sisters from San from 6:00 - 7:00 a.m. for devotion and Pablo Church.





The photo above shows the degraded condition of the roofing material as it was removed from the church. The above right photo shows the new and improved, water-tight roof

Gifts to Trinity

Trinity received the following gifts from March 19-April 17, 2013:

In memory of Mary Blackburn from Women in Ministry Circle IX.

In memory of Dan Stainer from Janet Stainer.

In memory of Miles Hughes from Bill and Cynthia Smith.

In memory of John and Irene Watson from Robert and Karen Watson.

In memory of Jeanne F. Schmidt from Nelson and Edna Bennett, Bob and Miriam Peirce, Ron and Gail Hock, and Bill and Marylee Peebles.

In memory of Mary Frances Green from Bob and Miriam Peirce.

In memory of Vernon Parramore from Ron and Gail Hock.

In memory of Mary Smith Starr from Bill and Cynthia Smith.

In honor of Sue Boynton from Donna Frinks.

In honor of Laurie Shiver from Gail Melton.

In honor of Abbie Rose Shiver from Gail Melton.

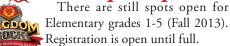
Trinity Preschool turns 40!



If you have attended Trinity United Methodist Preschool anytime in the last 40 years, please join us from 1:00 - 4:00 p.m. on Saturday, May 18, to celebrate!

Please help us spread the word! For more information, please go to the Trinity web site (tumct.org), find the "Trinity United Methodist Preschool, Tallahassee, Florida" page on Facebook or contact Stacey Duggar at (850-224-8992) or sduggar@tumct.org.

/BS has open spots!



Upcoming Summer Events

There are lots of events for kids coming up this summer - here they are at a glance:

May 1 - Two by Two Prayer Partners begins May 1- NETkids Musical on the road to Westminster Oaks

May 3 - Kitchen Kids

May 8 - NETkids End of Year Celebration June 2: Elementary Sunday School performs in SUN Service

- Thank Your Sunday School Teacher Day
- Kingdom Rock VBS Decorating

June 3-7 - Kingdom Rock VBS

June 9 - Summer Fun Fair (Sunday School) June 24-29 - Warren Willis Summer Camp in Leesburg

WAYNE'S WOR

By E. Wayne Curry Senior Pastor

Dear Friends,

If someone were to ask us - "How have you made it to this day, to this point in your life?" - chances are most of us would list such things as hard work, faith in God, persistence, taking care of ourselves and the like. Upon further thought, we might add the influence, support, and love of special people in our lives. And there would be a great deal of truth in all of this.

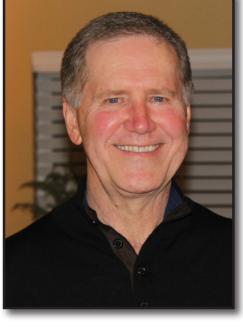
Yet, if we were to think carefully, and honestly, about all the years and all that has happened to us, the good and the bad, we might wonder just how we made it to this day. Suddenly we might realize something is missing in all the explanations and reasons we give. There is something more.

is at work, is what is called the Holy Spirit.

Sunday, May 19, is Pentecost Sunday - the day on which we hear the story of the disciples being gripped by the Holy Spirit. They were transformed from being frightened followers of Jesus, into bold, courageous disciples. But for many people, the notion of the Holy Spirit is a strange one that makes us uncomfortable. We think of "holy rollers," speaking in tongues, or other odd behaviors that embarrass us, and so the temptation is to ignore the Spirit. But to ignore it is to ignore the very thing which gives life and power to us, and to the church. So, how do we understand it?

Well, perhaps the best place to begin is with our own lives and our own congregation. When we think carefully and honestly, what we will realize, I think, is that something beyond ourselves is at work, leading us, guiding us, pushing us, comforting us, challenging us, changing us, saving us, and putting life and hope into us.

- ... Somebody suddenly comes into your life, when you desperately need a friend;
- ... We find ourselves in a place we don't want to be, and yet strangely, it becomes



What is missing, the something more that the place we most need to be, and turns out to be the place we want to be after all;

- ... An opportunity comes which is not what we want and which we resist, and yet, we follow it anyway even though we're not sure why, and it turns out to be just what we were looking for;
- ... We survive our mistakes when there is no good reason why we should;
- ... Healing comes, and in spite of all our fear, we act with courage.

All of this is the Holy Spirit. It is the power of God that grips us, surprises us, and puts life into us. It is the power of the Risen Christ active in our lives. It is truly how we have made it to this day ... and to be open to it, to allow it to work, to get out of its way and let it work its way ... is to experience wonder and hope and joy!

You are loved,

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Music News for May

Mark Repasky Director of Music

Steel Pans at Springtime Tallahassee

Our two steel pan groups are not part of the Springtime Tallahassee Parade, but for

The Steel Pans played for the Springtime Tallahassee crowds.

Photos courtesy of Jim Oakley

the second year in a row, they presented a 40-minute program on our church steps shortly after the parade finished. Good news is we are continually getting better! Our nine

selections were a mixture of Christian songs and secular songs. Traditional pan arrangements like "La Bamba" and "Jump in de Line" were interspersed with well-known sacred tunes like "Kum-ba-ya"

and "Amazing Grace" and "When the Saints Go Marching In". We hope the audience had as much

fun as the performers! Many thanks to Ed Prasse who set up and ran our sound system and to Rafel Fortier, our drummer extraordinaire!

Party Time

Senior Handchimes

members bid a fond farewell to Maxine Mantooth with a luncheon at the home of Jenny and John Bryant on April 25. Maxine is one of the original members of Senior Handchimes! We will miss her as she and husband Roy move to Tennessee in May to be near family.

College/Career Handbells and the two steel pan groups also had a dinner party. We met in Moor Hall and the prayer garden on April 21 for a cookout and some relaxed fellowship time.



Even a Child Can Do it

Barbara Hynes Associate Pastor of Discipleship

Save the date, Saturday, September 28, and plan to join us in Moor Hall to pack 23,000 meals for Kids Against Hunger. This summer we will be forming teams and raising funds to carry out this goal and then on September 28, we will form assembly teams to pack nutritionally balanced easily prepared meals which will be distributed by Kids Against Hunger here in Tallahassee through Second Harvest and overseas through their partners in third world countries.

Kids Against Hunger has worked with

major food companies (Pillsbury, Cargill, etc.) to develop a balanced palatable nutritious meal made from rice, soy protein, dehydrated vegetables, vitamins, minerals and seasonings. It is these ingredients we will be packing and sealing in heavy duty plastic bags and packing in cartons.

Our children have done this at camp the past two summers. They will tell you even a child can do it! So on September 28 we will gather teams of all ages to assemble the meals. There will be one hour time slots

throughout the day to choose from. Watch for signups coming this summer. You can form a team or we will be happy to add you to one that suits your availability.

Also, over the summer we will be raising funds for the project. Just \$.25 will feed a child! Start now putting aside a quarter every time you eat out. You can pick up a container to hold those quarters at the Welcome Center and in the narthex on May 12. Help us *Help Stop Hunger*. If even a child can do it, so can you.









How hard can this be? 1. Set up the tubs of dried ingredients; 2. place measured amounts into each bag; 3. seal the bags; 4. put the bags in a box - voila - help stop hunger!

Habitat for Humanity Faith Build

Since early March, Trinity members have been working on the Habitat for Humanity "Faith Build" with other churches in the community. In addition to Trinity, the churches from the Tallahassee area that have volunteered include: Faith Presbyterian,

First Presbyterian, Wildwood Presbyterian, Fellowship Presbyterian, Christ Presbyterian, Lafayette Presbyterian, Blessed Sacrament Catholic Church, and Good Shepherd Catholic Church. These churches were joined by the Greenburg Traurig law firm.

The weather wouldn't cooperate for this willing group on March 23rd. But, they were sincere in their desire to help provide a new home for Tara Dugan's family. In the front row, left to right: Jesse Colvin, Arnie Rogers, Linda Rogers, Marti Chumbler, Nan Ritchie, Cathy McCarthy, Tara Dugan (homeowner), Alex LaJeunesse, David LaJeunesse; and in the back row: Brent Chumbler, Barbara Hynes, Eddie Long, Lance Jacobson, Bill Kappes, Luke Ihnen, Beth Butcher, Ben Gilleland (barely peeking through), Paul Fortier, Rafel Fortier

The build site is located at 1633 Harris Street, with the home going to Ms. Tara Dugan and her family.

Trinity's participation has been coordinated by Marti Chumbler, who took these pictures of the Trinity workforce.



Apparently, neither Cliff Taylor (left) nor Beth Butches (right) are afraid of heights.



Cliff Taylor (foreground) works on the roof.

Women in Ministry invite all to upcoming Luncheon-Tea

Linda Yates Women in Ministry Communications

What makes friends? Sharing the common goal of serving Christ, Trinity UMWomen in Ministry President Judy Levy believes. She plans for their May 7 luncheon meeting at 11:45 a.m. in Moor Hall to be a time to celebrate friendship and talk about its meaning. It will be a time to begin new friendships and she urges everyone to bring a guest-- new or old acquaintance, or a sister, daughter, mother.

Friends spend fun times together, so this last monthly meeting of the year will be a tea party. Wear hats, gloves or other dressy ensembles in which to pose for small group photos by renowned church photographer Rex Adams.

Chef-in-residence Nancy Stone will need to know if this will be "tea for two" or tea for 40 or more. Please pick up the phone, dial 877-6546, and tell Nancy Kerce you are coming and how many guests you are bringing. She needs to know by Friday, May 3.

A second meeting scheduled on the evening of May 9 has been postponed until September 8 at noon. Speaker Haley Cutler will present a report on the status of women and children in Leon County.

Women in Ministry Action Team Meetings

Alpha Action Team (Circle 1) will meet at 10 a.m., Monday, May 13 at the home of Donna Frinks, 2902 Brandemere Dr.

The Voice Action Team (Circle 5) will meet Thursday, May 16, 7 p.m., at the home of Joni Cheatham, 7139 Atascadero Ln.

Aultie Foster Action Team (Circle 4) will meet in the church library at 10:30 a.m., May 14.

The Dorcas Action Team (Circle 2) will meet Tuesday, May 7, at 1:30 p.m. in the church library.

The Mary Martha Action Team, (Circle 6) will meet at 6 p.m., Monday, May 13, at the home of Julie Pararo, 2104 Randolph Circle.

The Sojourners (Circle 8) meet for lunch at St John's Cafe at noon on May 1.

Susanna Wesley Action Team (Circle 9) will meet at 10 a.m., Tuesday, May 21, at the home of Liz Smith, Westminster Oaks.

Women in Ministry needs help with Backpack Project

Filling back packs of food for needy school children to take home on weekends started in January as a hunger ministry project each first and third Wednesday morning. The task of filling about 200 bags of food sometimes includes lifting boxes of food and stacking trays as they are emptied. Women in Ministry invite men and other women of the church to lend a hand as they continue this vital service through the school year. Volunteers may connect with

the group in the library parking lot at 9:30 a.m. to carpool to Second Harvest or meet them at Second Harvest, 110 Four Points Way, at 10 a.m.

Planning Session Set

Officers, ministry team leaders and other interested people involved with Women in Ministry are invited to participate in a planning session for future meetings and projects of the group. The session will begin at noon, Friday, May 17, in the church library. Bring a brown bag lunch.

Help Yourself to Fresh Veggies

Beth F. Curry, ACSM-HFS, AFAA

It's that time of year again! Be sure to help yourself to some of the wonderful veggies growing in the Community Garden! This summer's crop includes tomatoes, mixed greens, zucchini, bell pepper, banana pepper, cucumbers, eggplant and herbs.





Congratulations again to the Trinity Runners/Walkers Club!

Beth F. Curry, ACSM-HFS, AFAA

Two months in a row the Trinity UMC Runners/Walkers Team won in local races! In March, during the Shamrock Scurry, the Team won \$500 for most participants from one church, which was donated to the Trinity Medical Mission Team. In April, the Team won first place in the 10K Church Category! There were also several who finished in first, second or third places for their age groups. And some who completed their very first 5K! Way to go, Team! Our team includes both runners and walkers who participate in everything from 1 mile fun runs to 5K and 10K races. If you like to run or walk, and want to participate in local races representing Trinity, please contact Richard Parsons.



In the Welcome Center before the race, from l-r, David Witman, Beth Curry, Clayton Jenkins, Diane Kroeger, Dennis Smith, Tony Kroeger, Gail Feest, Nan Ritchie, John Jensenius, Julia Young, Emily Jensenius, Mike Hopgood, and Jennifer Hopgood.

Wellness

95210

Join the Trinity 95210 Team and learn how to track these healthy habits daily on-line at www.95210.org. Points are awarded each day for posting your progress and may be used to enter into drawings for valuable gift cards. Trinity has its own Challenge going for a \$100 gift certificate to Shaw's Athletics. It's a great way to be accountable to making these five healthy habits part of your daily lifestyle – and it's fun and only takes about two minutes a day! Contact Beth Curry for more information.





At the finish line, from left, Jennifer and Mike Hopgood, Gail Feest, Nan Ritchie, Diane and Tony Kroeger, Lou Brown, Beth Curry, and Beth Perry.

Upcoming Events

Tuesday, May 14 - 10:30 a.m.

Mats for the Homeless (In the Conference Room)

Tuesday, May 28 - 1:00 p.m.
Diabetes Support Group
(In the Library)

6:30 4 **by Lay Academy registration only

Exercise Classes

Tuesdays and Thursdays —

• 9:15 ~ Staying Strong

• 11:00 ~ Variety Mix*

* Nursery by reservation only

Better Balance Finale

4:15** only

Power Hour

— Wednesdays -

For more information: Beth Curry - BFCSeries@yahoo.com Richard Parsons - rrptroy@gmail.com

Health Wellness Calendar

in the Parlor,

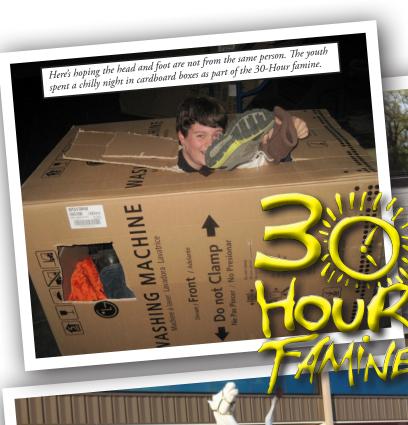
BFC (Becoming Fit at Church) Summer Schedule

The afternoon and evening Wednesday BFC Series Exercise Classes will take a

summer break with the last sessions for both Better Balance and Power Hour on Wednesday, May 8th. Watch the September Tidings for the Fall Wednesday schedule. The daytime Tuesday/Thursday Staying Strong and Variety Mix



classes WILL continue as usual all summer long. Please see the calendar for times.











It never hurts to have a little fun even in the middle of a famine!
So, the entire group went to the Anitique Car Museum.



Youth Happenings in May

A Note from Kelly ...

We've got this! The youth have just finished their 6th Annual 30-Hour Famine (photos on facing page), and every year they rise to the challenge of not eating for 30 hours straight! That might be a difficult task for most, but for hungry teenagers it's unbelievable. They even invite friends to this event and what's amazing, is that they come too! What teenager wants to starve for 30 hours? Not most, I can assure you, but every year on Good Friday, we challenge our youth to help fight world hunger - and every year they meet that challenge with enthusiasm and perseverance. By fasting for 30 hours and raising \$30, each youth can feed a hungry child for 30 days. Pretty amazing!

This year we had 28 youth who pledged not to eat for 30 hours and to sleep outside in refrigerator boxes. Not only were they hungry, they were homeless too. They took on this challenge very willingly and never complained; they actually looked forward to sleeping in boxes. The next day they woke up hungry and cold, but that didn't stop them from working hard at the Second Harvest Food Bank packing up 900 bags of fresh vegetables for local families in need. Give them a challenge, give them a cause, give them an opportunity to do something about it, and they will no doubt meet it!

Attention all graduates

The Tidings would like to publish your High School picture (and college grads photos as space allows) and a brief description. Just make sure to submit your information and photo to radams@tumct.org by May 10. The Trinity graduates feature will be in the June/July Tidings.

<u>Undergro</u>

Upcoming Youth events

May 1..... Middle School Bible Study May 4...... Confirmation Banquet & Rehearsal

May 5..... Confirmation Sunday

May 5..... Praise Band 4pm, UMYF

May 8..... Middle School Bible Study

May 12...... No evening activities (Mother's Day)

May 15...... No Wednesday activities

May 19...... Praise Band 4pm, UMYF

May 22...... No Wednesday activities

May 26..... Graduate Sunday

May 26...... Youth Activity (see website)

May 29...... No Wednesday activities

Upcomina

June 3-7 VBS

June 9-14 Youth Week

June 24-29 ... Warren Willis Summer

July 8-15 High School Mission Trip

August 6-9 ... Middle School Mission







undergroundministries.org



Advocacy Days 2013 at Trinity

Trinity hosted the Florida United Methodist Church Advocacy Days as part of Children's Week at the Capitol in early April. Among the participants were the new bishop of the Florida Conference of the United Methodist Church, Bishop Ken Carter; the bishop of the 11th Episcopal District of the AME Conference, Bishop Adam Jefferson

Richardson, Jr.; and many volunteers from all over the state of Florida.

Among the

Among the volunteers who hosted the advocates while they were here at Trinity, were Judy Levy, Beth Butcher, Bill Fritchman, Lynda Hansen, Nancy Kerce, Linda Yates, and Myra Blanchard.

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Reverend Curry speaks with the new Bishop, Ken Carter, after the breakfast in Moor Hall.

The children's advocates, while at the Capitol, urged legislators to consider supporting the Supplemental Nutrition Assistance Program (SNAP - formerly food stamps), and to accept federal monies that would expand health coverage for children. They also asked lawmakers to support affordable housing programs. For more information, please visit http://floridaconferenceconnection.info/news/detail/4679.

