



MONTHLY *Findings*

TRINITY UNITED METHODIST CHURCH
TALLAHASSEE, FLORIDA
Volume 41, Number 2, February, 2014

Trinity's Mission: We are a community of Christian disciples building pathways through which God's love is realized.

TLC SUNDAY

Trinity Loving Care Sunday



February 16, 2014 — 9:00 a.m. - 1:30 p.m.

Colleen McConnell
Health Wellness Committee

Trinity Loving Care Sunday puts emphasis on taking care of others and YOURSELF.

You give TLC when you support the youth at their lunch fundraiser, donate blood, and bring a bear for a hurting child.

You get TLC when you enjoy lunch with your family and friends, take advantage of free health screenings, enjoy a mini massage and register for one of the many door prizes, including the adorable bears pictured above.



Join us for the Youth Guatemala Mission Team Lunch Fundraiser.

Trinity Youth will prepare a delicious lunch of soup and salad (only \$5) to raise funds for their upcoming mission trip to Guatemala. They are working hard to pay for the trip, so please give them your support.

Bring a Bear for a Child who's Hurting.

For many years, Trinity has donated the soft, cuddly teddy bears that you bring to church for children in crisis. This year, the bears will be donated to Lee's Place and Big Bend Hospice.

Get Free Wellness Screenings. Take advantage of the free health screenings including cholesterol, glucose, hearing, vision, blood pressure, balance, skin cancer, body composition and more.

Be sure to stop by the **Ask the Professional** area with any personal medical questions you may have.

Youth Guatemala Mission Team Lunch Fundraiser

Bear Sunday

Fifth Annual Health Screening Day



Donate Blood

The Bloodmobile will also be here on Feb. 16 from 8 a.m.-1:30 p.m.

Walk-ons Welcome!

Give TLC - Save a life today!



WAYNE'S WORDS

Gifts to Trinity

Trinity received the following gifts from
Dec. 14, 2013 - Jan. 22, 2014:

In memory of **Beth and Frank Moor** from Bettie Bedell.

In memory of **Ellen Parham** from Fran Ferrenchick and June Turner.

In memory of **Joyce Payne** from Buddy and Lillian Byrd, Pat Gosen, Martha Tilden, Nancy Bryant, DeWitt and Neddy Summers.

In memory of **Dr. Luke Stevens** from the Women's Sunday School Class at Aldersgate UMC.

In honor of **Valorie Stevens** from the Women's Sunday School Class at Aldersgate UMC.

In honor of **Wayne and Beth Curry** from Ledley and Oberley Brown.

In honor of the **Stephen Shiver family** from Gail Melton.

In honor of **Barbara Hynes** from Ledley and Oberley Brown.

In honor of **Tony and Debbie Fotsch** from Ledley and Oberley Brown.

In honor of **Jonathan Hehn** from Jim and Betty Ashlock.

In honor of **Mark and Cindy Repasky** from Ledley and Oberley Brown.

Preschool Enrollment for the 2014-2015 school year

Stacey Duggar
Preschool Director



As we begin another new year, we're looking forward to enrolling your preschooler at the Trinity Preschool.

Enrollment dates are as follows for the 2014-2015 school year:

- Currently enrolled students may begin submitting applications February 3-7, 2014
- Church members may enroll February 10-11, 2014
- Open enrollment begins Wednesday, February 12, 2014

Please contact Stacey Duggar at 224-8992 x3 for more information.

By E. Wayne Curry
Senior Pastor

Dear Friends,

It's just ten days into the New Year as I write this **Tidings** article. I've never met anyone who didn't love the New Year. And if I ever do, I bet that person also doesn't like ice cream, puppies or rainbows.

A New Year offers us a fresh start, a clean slate, a re-do, an un-do, a re-set, a re-start. There's just something about the New Year that makes us really feel like we're getting a fresh start. We don't just think it or wish it or hope it...we actually believe it, don't we? We actually believe that a new calendar year offers us an opportunity to shed the old and embrace the new.

Last year we barely exercised, but when January 2014 arrived all that changed. Now we're going to exercise three times a week, eat less, love more, spend less, pray more, sin less, risk more and be better than we ever were in 2013!

Well, by the time you get this **Tidings** we'll be 31 days into the New Year. So...how are you doing? Not as well as you hoped? Already ready for 2015? Feeling the sting of disappointment from your lofty 2014 aspirations?

Don't worry, friends. Don't worry about milking the psychological power of the New Year because we have something better. We have God's amazing grace! It's not new news but it's still good news. Grace is good news because it's like New Year's every day. You remember how you felt going into the New Year? Well that's what grace give us every day of our lives.

You need a fresh start? A clean slate? A Re-do? An Un-do? A Re-set? Do you wish you could hit the Re-start button on life? No need to keep wishing, Christian. We have grace and grace offers us all of that and more...not just on January 1st or 2nd. Or on Christmas day, Easter and Sundays. Grace gives us a fresh start every day of our lives!



And the best part? Grace doesn't just give us a fresh start but grace gives us the ability to actually be new and different every time. Forget starting over because you have a new year. How about starting over because you get a new month, a new week, a new day, new minutes, new seconds.

I don't know how your year is going so far, but as you go about today, I hope you remember that because of grace your today doesn't have to be shaped by your yesterday every day. When you receive this **Tidings**, there will be about 335 days left in 2014. You know what that means? It means, God-willing, you have 335 days left to hit the re-set button as many times as needed for you to be who God wants you to be. And if that is true, then Christians should be the happiest and freest people in the world!

Happy New Day!

You are loved,

A handwritten signature in black ink that reads "Wayne". The signature is written in a cursive, flowing style.

Music News for February

Mark Repasky
Director of Music

Music Ministry Sunday

January 26 was a special day for the musicians and the congregation at Trinity as most of the music groups came together to celebrate and worship at the 11:00 a.m. service (photos on back page). There are so many ways musicians find to lead worship through their craft. We saw a lot of it at that one service!

How wonderful it was to see three members of the same family playing three different musical instruments as part of the



instrumental ensemble that accompanied the congregation on the hymn "Joyful, Joyful, We Adore Thee". Pictured are Samiri Fortier with her children Adriana and Rafel (photo above).

New NETkids activity

A recent donation to the music ministry at Trinity has made it possible to purchase enough additional percussion instruments to offer an African Drumming class for the older NETkids choir (3rd through 5th grades). The class will of course, be geared to Christian music. Some of it will be presented at our worship services. For example, the song "Take Time in Life" which the congregation and choirs sang as part of Music Ministry Sunday on January 26, was from Liberia. Other music groups at Trinity will on occasion also use these wonderful instruments...djembes, shekeres, conga drums, talking drum, and others. Most of these new instruments were actually made *in* Africa with wood from African trees....truly World Music, and shared within the Christian Community.



Handbell Workshop

Our church is hosting the Tallahassee area's annual handbell workshop in Moor Hall on February 21 and 22. We hope to have 5 or 6 groups participating. Our clinician Michael Glasgow is an "up-and-comer" in the handbell world and hails from Raleigh, NC where he serves as Music Director of a large Methodist Church. We have rung several of his compositions recently, including Trinity Ringer's presentation of "Keep Your Lamps" on Music Ministry Sunday, January 26. If you enjoy hearing and watching large groups of handbells, come to our concert at the end of the workshop: 3:30 to 4:00 p.m. on Saturday, February 22, in Moor Hall.



Women in Ministry goes "Heart to Heart"

Linda Yates,
WinM Communications

Trinity Women in Ministry (UMW) will go "heart to heart" at their luncheon meeting on Tuesday, Feb. 4, 11:45 a.m. in Moor Hall. Recognizing the significance of heart disease for themselves and for all women, they have invited Dr. Marilyn Cox, cardiologist with the Southern Medical Group, to speak about the risks of this #1 killer and lifestyle changes they need to make to maintain a healthy heart.

All women of the church and other interested guests are invited to hear the discussion. Reservations for the luncheon need to be telephoned to Nancy Kerce at 877-6546 by Friday, Jan. 31.

Judy Levy, president of WinM, announced that besides the monthly fellowship luncheons, "terrific two" meetings will be held this year: A mother, daughter, sister, granddaughter, friend dinner on May 22, at 6 p.m. and a luncheon to kickoff the school-church year after our morning worship on Sept. 14. The latter meeting will include spouses. The regular first Tuesday luncheons will not be held those two months.

WinM Action Team Meetings

The **Aultie Foster Action Team** will meet Tuesday, Feb. 11, in the Church Library at 10:30 a.m.

The **Alpha Action Team** (Circle 1) will meet Monday, Feb. 10, at 10 a.m. in the Heritage Room at Trinity. The group will first gather in the Congregate Room.

The **Dorcas Action Team** will meet in the Church Library at 1 p.m., Tuesday, Feb. 4.

The **Mary Martha Action Team** will meet at 6 p.m., Monday, Feb. 10, at the home of Julie Pararo, 2104 West Randolph Circle.

The **Sojourners Action Team** will meet for lunch at noon on Wednesday, Feb. 5 at a downtown restaurant. Call Marti Chumbler at 893-6596 for directions.

Susanna Wesley Action Team will meet Tuesday, Feb. 18, 10 a.m., with Rubie Butterworth as hostess at the Westminister Oaks Pool House.

The **Voice Action Team** will meet Thursday evening, Feb. 20, at 7 p.m. , at the home of Phyllis Henderson, 1121 Mercer Drive.

The **EFFF** (Education, Fun, Fellowship and Food) **Action Team** will meet Sunday noon, Feb. 9, at Food Glorious Food. Newcomers are invited. Contact Judy Levy at 877-5442 or judithlevy@embarqmail.com.

Morning Coffee Action Team will meet at 8:30 a.m., Tuesday, Feb. 11, at a coffee shop. Contact Ruth Ann High at 894-2806 or rahigh@comcast.net.

Local Missions Corner

Sabrina and Steve Denmark
Local Missions Chairs

What is the Local Missions Committee, formerly “Church and Society?” We are the ministry team at Trinity that supports organizations, agencies and ministries in our local community through Trinity’s financial commitment as well as our manpower.

We encourage members to become involved not only by giving financially, but to have hands on experience with these different groups. We continually evaluate and streamline the number of organizations, agencies and ministries we serve so our efforts can be meaningful and significant. In addition, as these vital groups become self-supporting and more independent (which is our goal), the committee will redirect support to

other community organizations, agencies or ministries in greater need of Trinity’s support and encouragement.

Any member of Trinity is more than welcome to serve on this ministry team. It is a three-year commitment and we usually meet four or five times a year. Our current members are, Sabrina and Steve Denmark (Co-Chairs), Barbara Allen, Lora Chapman, Fain Folsom, Melanie Quinton, Sam Rogers, Mary Stephenson, Gloria Whitaker, and Julia Young. Our Ex-Officios are Reverend Wayne Curry, Ruth Ann High, Jane Olson, Janet Stainer and Kim Simpkins.

Look in the Tidings each month to check out some of the groups we support. We will feature one each month.

Notes from HEO

Ruth Ann High
HEO Coordinator

Do you know anyone who needs a quick meal or two? The Trinity Chefs meet often to make delicious casseroles and cookies that church members may share with people they think could use some occasional help with a meal.

Please call Ruth Ann at church or email her at rahigh@tumct.org if you would like to know more.



One of the Local Mission Committee’s recipients is The Shelter, where homeless people can seek food and temporary housing. The rendering above shows the new facility which will house the offices of the Renaissance Community Center, which serves as a local source of information for services; the new kitchen; and the new dormitory for homeless men. The kitchen in the new facility will allow Trinity volunteers to prepare meals on-site, rather than cooking at Trinity and transporting the meals to the Shelter, as they currently do.

A farewell note from organist, Jonathan Hehn

Written January, 18, 2013

Dear sisters and brothers in Christ,

This holiday season is a bittersweet one for me. I have accepted a position as Minister of Music and Worship Arts at Good Shepherd Lutheran Church in Tampa, which means that our family is leaving Tallahassee, the city which we have called home for over a decade. All of us are sad to be leaving the people of Trinity United Methodist Church, which has been so good to our family over these past three years.

The decision to accept this position came after a long



Jonathan in his Order of St. Luke robe.

process of discernment which included many weeks of prayer and thought about my commitment to Trinity. People often talk about church music as “ministry,” but know that I take my commitment to ministry, to serving a congregation, very seriously. My decision to leave Trinity was partly due to practical considerations for our family, yes. Mostly, though, it had to do with where God is calling me to be in ministry, a place where I can exercise more of my skills in liturgy, and where my gifts in music are more broadly needed. I am not

leaving to pursue “bigger and better things,” (indeed Good Shepherd is a small parish with a very small music program), but to go where God has called me to be.

Thank you for allowing me to serve you over the past three years. I will pray that Trinity finds someone who will be a good and long-term fit for Trinity, and I ask that you pray for me and my family as we step out in faith into a new stage of life. I look forward to staying in contact with all of you, and will doubtless be back to visit Tallahassee frequently. My phone number and email address will remain the same, so please stay in touch at 850-980-2812 or jonathan.hehn@gmail.com.

Peace,
Jonathan

Health Wellness news for February

Health Wellness Team

Free Wellness Screenings

TLC Sunday Feb 16, 2014

9:00 a.m. to 1:30 p.m.

"Don't you realize that your body is the temple of the Holy Spirit, who lives in you ... So you must honor God with your body."

1 Corinthians 6:19-20

This is the **Fifth Annual Health Screening Day** presented by the Health Wellness Team. We've combined the Wellness screenings with **Bear Sunday** and the **Youth Guatemala Mission Team Fundraiser** to triple the blessings for everyone!

The action will be on the first floor of Trinity (except for the Bloodmobile which is parked out in front of the sanctuary from 8 a.m. – 1:30 p.m.). Most of the screenings (9 a.m. – 1:30 p.m.) are in the Conference room, Parlor, Library, and a few rooms close to the choir room. A program listing all the screenings and showing the exact locations will be available. And, don't worry, you will have privacy.

Select the screenings that you think

are most beneficial for you and/or you've never had before (like the computerized stress, BMI, balance, etc.) or try to take advantage of ALL of them. At this price (FREE), you can afford it!

Screenings are very important because they can help doctors find diseases early, when they may be easier to treat. Taking care of yourself increases your chances

TLC SUNDAY

Trinity Loving Care Sunday



February 16, 2014 — 9:00 a.m. - 1:30 p.m.

for living a longer, healthier life.

Plan to spend some time in Moor Hall for lunch (11 a.m. – 1 p.m.) and then view the door prizes and submit your entry - the door prize drawing will be held 1 p.m. and you don't have to be present to win.

Ask the Professional will also take place in Moor Hall from 9 a.m. to 1:30

p.m. This is your chance to get answers to personal medical questions that may have been nagging you. For example, you might want to ask a ...

- **Dentist** - How does dental health affect, or is affected by disease in other parts of the body?

- **Registered Dietitian** – What is the best diet for me? Do certain foods trigger pain?

- **Pharmacist** - Will my prescriptions affect/interact with over the counter medicines?

and more ...

Have Lunch at the **Support our Youth Guatemala Mission Team Lunch Fundraiser**: Our Youth are working to raise money for their mission trip to Guatemala. The trip costs \$1,500/ person and they are required to raise half of the cost themselves. You can have lunch and support this mission trip even if you don't participate in the health screenings.

Contact Beth Curry bfcseries@yahoo.com or call the church office for more information or visit the website for the latest information about the Wellness Ministry (<http://www.tumct.org/community/adults/health-wellness-ministry/>).

Hats for the Homeless

Did you know that Hats for the Homeless is a year round ministry, with much of the work done individually by team members at home throughout the year?

Over 100 hat/scarf sets were given to the guests at our Trinity Christmas Day Community Dinner 2013, and another 50 plus sets were given away to those who stopped by Trinity's doors during the cold snap in early January, or were taken to The Shelter and the Renaissance Center.

It takes a lot of hands to keep our inventory up and it is currently *depleted*. If you would like to knit or crochet a hat or scarf for this project, please contact Beth Curry at BFCSeries@yahoo.com for more details.

Health Wellness Calendar

Drop in any time! Classes are in the Parlor.

BFC Series Exercise Classes

— Tuesdays and Thursdays —
• 9:15 - Staying Strong
• 11:00 - Variety Mix**

*\$3 suggested donation **Nursery by reservation only

— Wednesdays —
• 4:15-5:30 p.m.

*Walk to Bethlehem

• 6:30-7:30 p.m.

Power Hour

*Registration through Lay Academy

Upcoming Events

TLC Sunday

Feb. 16, 9 a.m.-1:30 p.m.

- Youth Guatemala Mission Team Lunch Fund Raiser • Bear Sunday • Fifth Annual Health Screening • Blood Mobile

Trinity Runners and Walkers

- Shamrock Scurry – March 8
- Springtime Tallahassee – March 29

Contact: Marie Bradley at mbradley1716@comcast.net or 728-5383

Please Note:
NO Wednesday
classes
Feb. 26

For more information about the Health Wellness ministry contact:

Beth Curry - BFCSeries@yahoo.com

Trinity Youth biking the St. Marks Trail

THE STARTING LINE



THE 3-MILE MARK



THE 9-MILE MARK



THE 16-MILE MARK - FINISH!



Boys are different than girls ...



2014 Confirmation Class

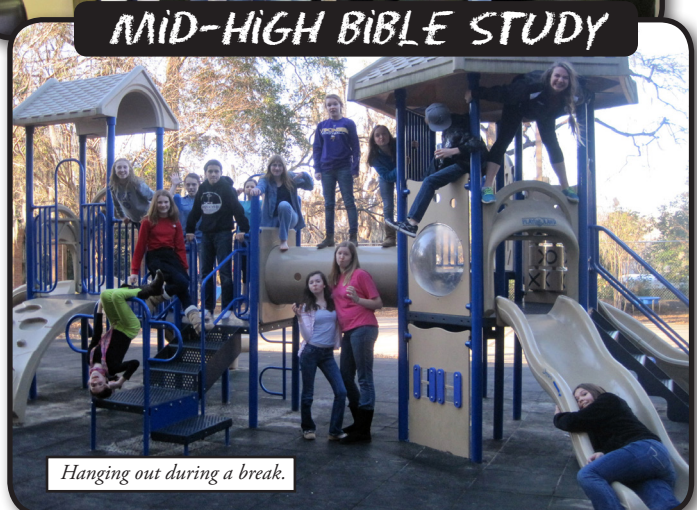


... and girls are different than boys.

Bible study can be fun!



MID-HIGH BIBLE STUDY



Hanging out during a break.

Youth Happenings in February

Kelly Rains John Freeze
 Youth Director Youth Intern

A Note from Kelly ...

It's time to sign up for summer camp again at Warren Willis. Don't miss out and don't be left behind. Each summer our youth, along with rising 4th and 5th graders, head to Leesburg for an unbelievable week of fun, games, activities, praise and worship, and great fellowship with other Christian youth from all around the state of Florida. There is nothing quite like it and everyone comes home with a newfound love for Jesus! It's an amazing week and Trinity makes it so easy to go. We arrange transportation to and from Leesburg and assist with the tuition

cost each year from our Easter offering. This year, Trinity is going to camp the week of June 23, so get signed up right away on the camp website and you can get a seat on our bus. All the details can be found at www.tumct.org. Come join us!

The lighted cross at Warren Willis camp is a lasting memory for summer campers.



Often times, the summer camp experience is a child's first extended time away from home. It's nice to know that there are adults from your church who are watching over your child.



Upcoming Youth events for February

- Feb. 2 No Praise Band, No Youth Choir, Super Bowl Party (see website for details)
- Feb. 5 Bible Study (Mid-High 4:30pm, High School 6:30pm)
- Feb. 9 Praise Band 4pm, Youth Choir 5pm, UMYF 6pm, Guatemala Meeting 8pm
- Feb. 12 Bible Study (Mid-High 4:30pm, High School 6:30pm)
- Feb. 16 Praise Band 4pm, Youth Choir 5pm, UMYF 6pm, Vespers 8pm
- Feb. 19 Bible Study (Mid-High 4:30pm, High School 6:30pm)
- Feb. 23 Praise Band 4pm, Youth Choir 5pm, UMYF 6pm, High School Late Nite 8pm
- Feb. 26 Bible Study (Mid-High 4:30pm, High School 6:30pm)

Upcoming Events

- Mar. 15-23 ... Youth Guatemala Mission Trip
- Mar. 29 Spaghetti Fundraiser (Springtime Tallahassee)
- Apr. 18-19 30 Hour Famine
- May 3 Confirmation Banquet
- May 4 Confirmation Sunday
- May 18 Graduate Sunday
- Jun. 2-6 VBS
- Jun. 23-28 Warren Willis Summer Camp
- Jul. 9-12 Mid-High Mission Trip
- Jul. 20-26 High School Mission Trip

Sign Up NOW for Camp!

I know, it seems early, right? But if you want to be part of the great fun at Warren Willis summer camp in Leesburg, you better sign up - NOW! Just go to the front page of Trinity's website (tumct.org), click on the link and follow the directions that are listed.

Stay Current
 and Carry On
 visit! undergroundministries.org

Music Ministry Sunday Photos



The Cherub choir is led by Kristin Large and Linzee Buck.



The Circle of Friends praise band helped lead worship with their rendition of Matt Redman's "10,000 Reasons."



Gregory Hilliard had fun leading the song "Take Time In Life."



The Senior Handchimes have lots of fun - and make great music!

NETkids - learning new music and helping others

Everyone knows NETkids is total fun, but there's also an element of altruism that the kids seem to respond to as Rev. Barbara Hynes has them doing things like packing snack packs, writing Christmas cards and singing to people in retirement homes.

So, although the kids love playing on the playground, learning new music from Ms. Lisa and Mr. Mark (like the new drums - see page 3 for more information), and doing woodcrafts with Mr. Blue (Whitaker), and performing their new music in worship, there's also the part of NETkids where they're doing things to help others.



photo by Barbara Hynes

Call for photos!

Rex Adams
Director of Communications

Do you like taking photographs of your family, friends, pets, wildlife, or landscapes? If so, we're looking for you and would like to get your favorite framed photo!

We're beginning a new ministry called "Showing God's Love Through Photography." Look around you and see all that God has made. Then get your camera, take a photo, print the photo, frame it, bring it to the church office, and we'll put it on a wall along with others. You can do this!

The idea is to get everyone involved. That means that anyone who is old enough to take a picture can submit a framed photo. The only rule is make your photo about something or someone that God has created.

Now, go shoot some photos!

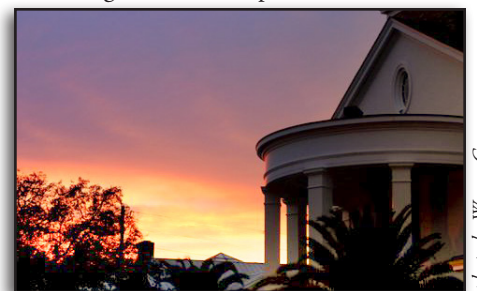


photo by Wayne Curry

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Rex Adams, **Director of Communications**

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