

Worship

Grow

Serve

Monthly Tidings

Trinity United Methodist Church

TALLAHASSEE FLORIDA

Volume 46, Number 1, January, 2019

Because of God's love for us through Jesus Christ, we exist to worship, grow, and serve.

MLK Day Meals on Wheels Jan. 21

Trinity has a long association with Elder Care Services through the giving of financial support and also through Trinity members delivering meals on Martin Luther King, Jr. Day.

Thanks to our members' volunteering on MLK Day (this year it is **January 21**), employees at Elder Care are able to take a much needed day off as Trinity takes over the Meals on Wheels facility and prepares, and then delivers all of the meals for that day.

All ages are welcome and over the years, many families have taken advantage of this teachable moment. What a wonderful way to teach children the importance of giving back to our community!

For more information, call **Dr. Nick Quinton** (222-1120) or check the website (tumct.org).



Dr. Nick signs in Gloria Colvin and grandsons. BTW kids, there is always a candy bowl at sign-in.

NETkids continues

It's always a good time to join NETkids. But, you may ask, "what is NETkids?"

NETkids is a program for children in grades K-5. They meet every Wednesday during the school year, from 3:15 - 5:30 p.m. Activities include supervised play on the playground, woodworking with Mr. Bill, model trains, crafts, choir practice, and depending on the year, African drums, steel pans, or bells.

The Alpha and Omega choirs perform at worship services and also take their music "on the road" to retirement homes usually around Thanksgiving and Christmas.

The new year is a perfect time to sign up your children! Contact **Allison Corrigan** (222-1120) or check the Trinity website, <https://www.tumct.org/grow/netkids/> for more information.

Lay Academy begins January 16

*Dr. Nick Quinton
Director of Discipleship and Adult Ministries*

Lay Academy, which begins **Wednesday, Jan. 16**, will have something for everyone. This session of Lay Academy offers classes with study topics of general interest, as well as classes for spiritual growth.

Classes begin at 6:30 p.m., and will include a class that will discuss the UMC and Trinity connections to Africa, like **ZOE** and an upcoming concert by an African children's choir, **Watoto**. Let's learn more about Africa! • **Amy Leach** will lead a class titled, **Parenting Village: Won't You Be My Neighbor?** This class will take a walk through Mr. Rogers neighborhood and explore how to use his lessons as we raise our kids. • **Elaine Freni** will lead a fitness class in the Parlor, called **Fit**

Mix - a circuit style class which incorporates strength and cardio into one workout. • **Trinity Roots**, with leaders **Dan and Nique Johnson**, will be using the book, "When the Game Is Over, It All Goes Back in the Box" by John Ortberg. • **Lisa Prasse** will lead the **Youth Bible Study** classes for combined Middle and High Schoolers. • The **Men's Group**, led by **Bill Fritchman**, will continue a study based on the book, "Who Is This Man?: The Unpredictable Impact of the Inescapable Jesus" by John Ortberg. • **Jim McKinnell** will lead a class titled, **Guitar**. Bring your own guitar and learn how to play in a small group. Contact **Dr. Nick Quinton** (222-1120) for more information on Lay Academy.

Disciple class starts Jan. 22

Rev. Dr. Bob Gibbs will lead a new term of **Disciple: Becoming Disciples Through Bible Study**. The Disciple program is a 34-week overview of the entire Bible, designed to develop strong Christian leaders. Disciple draws upon the work of scholars to emphasize the wholeness of the Bible through personal reading of scripture, study of the participant's guide, and small group discussion. Each week the group will meet for about two hours.

Disciple is the premier study for understanding the Bible in a distinctly Wesleyan context, and the perfect primer for people already well versed, as well as those reading the Bible for the first time. To sign up or ask questions, contact **Dr. Nick Quinton** at 222-1120 or nickquinton@tumct.org.

Gifts to Trinity

Trinity received the following gifts from November 10 - December 10:



In memory of **Becky Hollady** from Mary Jeanne and Nell Morse.

In memory of **Alice Grow** from Allison Grow.

Homeless Mats

The Homeless Mats Group will start our new year **January 10, 2019**. We will meet in the **Conference Room** from **10:30-12 noon**. Please join us as we endeavor to be the hands of Christ with this wonderful mission for our homeless friends.

We will be happy to teach any new members how to cut, roll the balls, and crochet.

Thanks to all who helped with the mats for our Christmas Dinner in 2018. We had help from other churches also.

If you have questions, please contact Rose Glenn, (850) 727-8526. budsthorn@comcast.net.



New Year – New Covenant!

Dr. Wayne D. Wiatt
Senior Pastor

The New Year always brings about new beginnings. Most people think about making New Years' Resolutions, but John Wesley, father of Methodism, preferred to talk about a Service of Covenant Renewal, based on the 1663 publication by puritan, Richard Alleine, ***Vindiciae Pietatis***: or, ***A Vindication of Godliness in the Greater Strictness and Spirituality of It***. Wesley's Covenant Service was conducted whenever John Wesley visited the Methodist Societies. We will participate in an abbreviated form of the Covenant Service when we celebrate communion on the first Sunday of the New Year.

The Covenant Renewal Service in the Methodist Movement in England dates back to August 11, 1755. It was then that Wesley used a chapter out of Richard Alleine's work entitled "***The Application of the Whole***," in what was probably the first real celebration of the Covenant Service in the Methodist Movement in England.

In London, these services were usually held on New Year's Day. The opening communal prayer of the service helps the worshiper to consider what it means to be a servant of Christ. The Service began with a call to prayer and commitment.

Let us therefore, go to Christ, and pray:

Let me be your servant, under your command. I will no longer be my own. I will give up myself to your will in all things.

Be satisfied that Christ shall give you your place and work.

Lord, make me what you will. I put myself fully into your hands: put me to doing,



put me to suffering, let me be employed for you, or laid aside for you, let me be full, let me be empty, let me have all things, let me have nothing. I freely and with a willing heart give it all to your pleasure and disposal.

Around the country, the Covenant Service was conducted whenever John Wesley visited the Methodist Societies. After the time of Wesley, several versions of the Covenant Service were developed. The present service follows our basic pattern of worship, enables the congregation to participate more fully, and updates language. Most significant, the liturgy beginning with the ***Invitation***, is taken directly from Wesley's Covenant Service of 1780.

I look forward to leading us in this time of Covenant Renewal as we gather in worship for all three services on the first Sunday of the New Year, January 6 (Epiphany Sunday.)

Local Missions Brochure

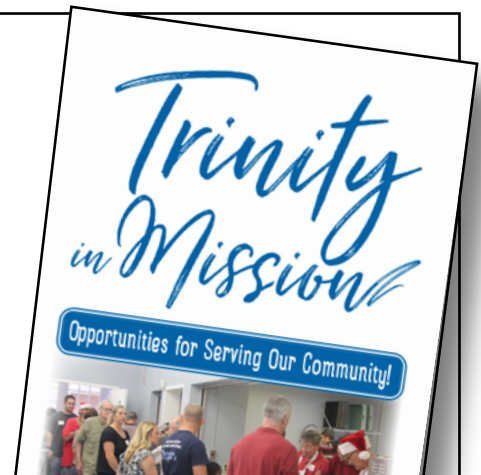
Have you seen the exciting brochure created by the **Local Missions Committee**?

It will keep you informed of:

What We Do and Where the Opportunities are!

This brochure is informative and is kept up to date.

Pick up your copy in the Narthex today!



Music news for January - Something Old and Something New

Mark Repasky
Music Director

Something New

First, let's start with something new. The 45-voice **Millikin University Choir** will present a concert in our sanctuary Tuesday, January 8 at 7:00 p.m. This highly acclaimed group is on its way to the Tampa Convention Center, where they have been invited to perform at the 75th annual Florida Music Educators Association Conference: Quite an honor for a collegiate choir! You are all invited to attend the concert! A freewill offering will be taken.

Also, we will provide overnight housing for the students. Would you be interested in taking 2-4 of the singers home overnight,

provide them breakfast and return them to Trinity by 9 am the next morning? Please help with this if you can. Contact the church and we will sign you up for 2, 3 or 4 singers!

Something Old

The "something old" is our annual **Music Ministry Sunday**. The primary function of most of the music groups at Trinity is to lead worship services through their music. Most of these groups (11-13 of them!) will gather together on **Sunday, January 27** for the 11 a.m. service. They will rededicate themselves to

music ministry at Trinity.

Each group will also present a music selection. We conclude the service by surrounding the congregation as all sing "Look all around us and join the glad song." So, come, worship/celebrate with us that morning. This is a great day to invite your music loving friends to attend with you!



The growing Trinity Orchestra.



The 45-voice Millikin University Choir

Preschool Enrollment for 2019-2020

Stacey Duggar
Preschool Director

Do you know anyone who would like to join these smiling faces in the Trinity preschool?



Please note the following dates regarding enrollment at the preschool:

For the 2019-2020 school year:

- Currently enrolled families may enroll February 1-5, 2019
- Church members may enroll February 6, 2019
- Open enrollment begins February 7, 2019

If you are interested in learning more about the preschool, please call me at 850-224-8992 or sduggar@tumct.org.

UMW in Ministry meets **Tuesday, January 8th!**

Nancy Bedford
Communications Officer



UMW Circle Meetings

Alpha Circle: Monday, January 7, at 10 a.m. at Westminster Oaks, Contact Cynthia Smith chair.

Dorcas Foster Circle: Tuesday, January 8, at 1 p.m. in the church library, Nancy Kerce, chair.

Mary Martha Circle: Monday, January 14, at 6 p.m. at 2104 W Randolph Circle, Julie Pararo, chair.

Sojourners Circle: Wednesday, January 2, at noon, at the cafe at St. Johns, Marti Chumbler, chair.

Susanna Wesley Circle: Tuesday, January 15, at 10 a.m. Specialty House, Meandering Lane, Westminster Oaks, contact Liz Smith, chair.

The Voice Circle: Thursday, January 17. Please contact Patti Oakley, chair.

*Please note-This is the **second Tuesday in January** because of the holiday.

distributed. Everyone is invited to attend even if you aren't a member of UMW.

More Swamp Gravy

The speaker will be Joy Jinks (shown at left) and her topic will be "The Beginnings of Swamp Gravy", a followup to her previous visit!

Also, pledge cards for 2019 will be

Fellowship and lunch

Monthly meetings are an opportunity to enjoy fellowship, informative programs and a delicious lunch! Please call Nancy Kerce 877-6546 for reservations. Hope to see you there!



It's always good to celebrate with friends at the BFC exercise class Christmas party!

Becoming Fit at Church in January

Health Wellness Team
Photos courtesy of Wayne Curry

Join the 8-Week BFC (Becoming Fit at Church) Fitness Challenge

Did you make a New Year's Resolution to get fit? Don't know where to begin, or need to jump start your old routine?

Start the New Year off right with our great fitness team – Jaqui Griffith, Ruth Ann High, Amy Leach, Elaine Freni and Beth Curry - for the 8 Week Becoming Fit at Church Challenge. They'll show you exactly what to do to improve your fitness level using all kinds of fun fitness equipment.

So what's the challenge? See how many classes you can attend between Jan 8 and Feb 28. Morning participants will receive 1 point each time they log in on the class Sign-in Sheet. Fit Mix participants will receive 2 points. And – anyone who brings

a friend who has never attended BFC before will receive 5 bonus points! The person with the most points will receive a Fitbit Charge HR!!

And, if there is a tie – we have a plan! We'll hold a "plank" challenge – so be ready to learn how to correctly perform a wall or floor plank – and then plan to practice – everyday – not just in class!

Drop into any class, any time. Suggested donation is still \$3 per class. (Registration



BFC instructors, Beth Curry, Amy Leach, Jacqui Griffin, Elaine Freni, and Ruthann High.

for Fit Mix may also be made through Lay Academy.) To date over \$50,000 has been raised thru class donations with ALL of it going to community service locally or globally, or the Health Wellness Fund.

Classes resume on Tuesday, January 8, 2019! See YOU then!

2019 Class Schedule

Staying Strong – Tues/Thurs – 9:30 a.m. – (Ruth Ann or Beth, and Jaqui as a sub) – Join us for a gentle, easy and basic full body exercise class using a seated or standing format. Great class for beginners or those who do not wish to get down on the floor. Contact Beth for more info.

Variety Mix – Tues/Thurs – 11:00 a.m. – (Amy or Beth) Come enjoy a fun fast-paced hour of exercise using a variety of equipment in a variety of formats. Full-body workout with cardio, strength and flexibility segments. Intermediate to Advanced class. Contact Beth for more info or Amy for nursery reservation (In

Advance ONLY)

Fit Mix – Weds 6:30 p.m. – (Elaine) – Try a circuit style class which incorporates strength and cardio into one class. Intermediate to advanced. Contact Elaine Freni (elainefreni@gmail) for more information.

For more information about BFC, please contact: Beth Curry (BFCSeries@Yahoo.com), Amy Leach (AmyCLEach@hotmail.com), or Elaine Freni (elainefreni@gmail)

Congratulations!

Congratulations to Amy Leach and Ruth Ann High for successfully passing their AFAA (Athletics and Fitness of Association of America) Group Exercise Instructor certifications exam last November! This internationally recognized certification takes about six months of prep work and is accredited by NCAA (National Commission for Certifying Agencies). All of their hard work and studying paid off! Kudos to both!



Newly certified BFC instructors Amy Leach and Ruthann High.

BFC Calendar



Drop in any time! *Classes in the Parlor*

BFC Series Exercise Classes*

Tuesdays and Thursdays

- 9:30 - Staying Strong
- 11:00 - Variety Mix**

*\$3 suggested donation **Nursery by reservation only

— **Wednesdays** —

Fit MIX meets on Wednesday nights at 6:30 p.m. as part of **Lay Academy**

For more information about BFC, please contact: **Beth Curry** (BFCSeries@Yahoo.com), **Amy Leach** (AmyCLEach@hotmail.com), or **Elaine Freni** (elainefreni@gmail).

Meals-on-Wheels

Marti Chumbler
Local Missions committee member

Trinity's Long Commitment to Meals-On-Wheels Continues!

Continuing a tradition of more than 25 years, Trinity volunteers will once again spread out on Martin Luther King Day—Monday, January 21st—to deliver meals to seniors and other home-bound residents across Tallahassee. We typically have about

75 volunteers, who cover around 30 routes and deliver meals to 150 clients of Elder Care Services. For many, this has become a much-anticipated family event, with children, parents, and grandparents acting as a team not only to bring a meal to individuals who might otherwise go hungry, but also to provide a friendly smile and some human contact to folks whose lives can often be lonely. If you don't have a ready-made

Trinity's Local Missions Team — Trinity Cares Spotlight



team to sign-up with, this is a great chance to get to know someone new or to become better acquainted with a fellow Trinity member. Sign up as a volunteer and you will be paired up with one or two others to make deliveries. Delivery volunteers gather at Elder Care Services at 2518 W Tennessee Street at 10:15, are assigned their routes, given the meals to be delivered, and sent off. Deliveries can generally be completed by noon. There's also an opportunity earlier in the morning (8 a.m.) to volunteer with the organization of meals and their distribution to the delivery teams.

Details about sign-up will be available soon. Be on the lookout! This is a rewarding experience that doesn't require much effort or time, but is a great way to start off a new year.



Delivering meals for Elder Care on Martin Luther King, Jr. Day is a multi-generational activity that involves families and friends. L-R Dan Hall, Marti Chumbler, Ann Melder, Nick Platt and son, Shep.



These preacher's kids like delivering meals!



There are jobs for all ages and abilities. Trinity takes over the entire facility, cooks and packages the meals, and then delivers the meals all over town. Most are finished before 11:30 a.m.



Marti Chumbler has had help from her children over the years.

Youth Happenings in January

Lisa Prasse Youth Director Tristen Jahn Youth Ministry Intern



A Note from Lisa ...

As we kick off another New Year down here in the Underground, I first want to thank everyone who helped us during the month of December. December was a very busy month for our youth including fundraisers and several Christmas events. Our youth have worked hard to raise over \$4,700 toward mission trips this spring and summer and are off to a great start!

The youth and I would like to personally thank everyone who helped out during these events and for everyone who came out to support us. Whether you bought a tree or a wreath, a steaming hot bowl of chili at our Chili Re-Do Wednesday night dinner, or you were

here during one of our many Sunday morning or Sunday evening activities, we are grateful!! We literally couldn't have done it without you!!! So THANK YOU!



The Youth Praise Band practices before Hanging of the Greens.

Lighting candles at Hanging of the Greens.



Chip Collette supervises the White Elephant gift exchange during the youth Christmas party.

Upcoming Events

- Sunday, January 6**
Youth band, youth choir and UMYF resume!
- Wednesday, January 9**
Bible Studies resume
- Monday, January 21**
Meals on Wheels (MLK Holiday-No School)
- Friday-Sunday, January 25-27**
Juniors and Seniors to College Connect @ Warren Willis
- Sunday, January 27**
Music Ministry Sunday
- March 16-23**
High School Spring Break Mission Trip-NC)
- Jun. 2-8.....** Youth Week
- Jun. 10.....** VBS Training
- Jun. 11-15** . Vacation Bible School
- Jul. 21-25** ...Mid High Mission Trip (Orlando)
- Jul. 8-13.....** CaMp! Week at Warren Willis

New Liaison for Hope Community

Trinity received some great news when it was announced that Melanie Quinton would assume leadership as Trinity's Hope Community Coordinator effective January 1, 2019 with the complete approval of Trinity leadership including the Local Missions Team and staff. Sam Rogers, Sr., who has been in that position since Trinity made partnership with Hope Community in March of 2012, is especially pleased. Sam writes, "Melanie is the absolute right person for this responsibility and just at the right time. She is an active member of the Board of Directors of the Big Bend Homeless Coalition, which has management responsibility for Hope Community. Melanie is well known as a member of Trinity's leadership team, and is married to Dr. Nick Quinton. In addition to her responsibilities as a mom, Melanie is involved in the professional community as an executive with a local bank. Most importantly, Melanie has hands-on experience with homeless issues and has a passionate concern for the welfare of our homeless neighbors and their small children who seek temporary shelter at Hope Community."

Fortunately, Sam will continue to serve during the transition and will, "continue to serve meals (at Hope Community) as a team member."

In response to the news, Sylvia Smith, Hope Community Executive Director, was effusive in her praise of both Sam and Melanie.

She writes, "Thank you for recruiting such an amazing successor and once again thoughtfully paving the road ahead!" Amen!



Part of Sam's great crew of volunteers, from left, Patti Oakley, Ed and Christine Jonas, Sam Rogers, Sr., Lori and Bill Mattice, and Mary Ann and Duncan Moore.



Rev. Dr. Wayne D. Whitt, Senior Pastor
Jonathan Brewster, Associate Pastor
Dr. Nick Quinton, Director of Adult Discipleship and Education
Rex Adams, Director of Communications

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Trinity Preschool's Christmas Program

