

Worship

Grow

Serve

Monthly Tidings

Trinity United Methodist Church

TALLAHASSEE FLORIDA

Volume 46, Number 8, September, 2019

Because of God's love for us through Jesus Christ, we exist to worship, grow, and serve.

Doris Maige and the HEO Newborn Baby Blankets

Erin Elizabeth Platt
HEO Coordinator

We are a little spoiled by volunteer church members who, without any need or desire for recognition, gift their time and extraordinary talent to further our ministerial pursuits. Doris Maige, a member of Trinity since 1938, has served an integral role in the HEO Newborn Ministry, supplying us with a steady stream of the most beautiful hand-crafted baby blankets that are delivered to parents of newborns by our visit team. For fourteen years, she has taken meticulous care in putting the finishing touches on these snugly blankets, and then making them readily available to our church, and other charitable organizations in our region such as Allen Outreach Center, A Women's Pregnancy Center, Brehon Institute, and the Hope Community ("Sew for Hope").

There is a production 'assembly-line', of sorts, in the making of these special blankets. The process begins with the gathering of material by team volunteers, then passes to John

and Willa Almlof for the "serging" (this requires a special sewing machine with 4 spools of thread to enclose the raw edges in fancy 4-thread stitching), and ends with Doris' final step of adding the crocheted edging that looks like tiny clam shells. During a recent visit, Doris' hands stayed in perpetual motion, with her intricately stitching at the seams of a pink-fringed blanket with the greatest of ease, all while chatting about family and church life.

At age 96, Ms. Doris shows no sign of slowing down baby blanket production and output, but feels it's best to put word out for a person or persons within Trinity who might be willing to carry this benevolent mission forward. She expressed that she is "willing to train," giving us a wonderful opportunity to hone our skill with the crochet needle and spend a little time with one of Trinity's great legacy members. Contact Erin elplatt@tumct.org

to be added to the Trinity HEO Newborn and/or Visit Team or to learn more. HEO is ours, it belongs to all of us!



Gifts to Trinity

Trinity received the following gifts from July 11 - August 10:

In memory of **Ruth McDonald** from Dick and Pat Winchester, Palmer and Leslie Williams.

In memory of **Lisa Miley** from Palmer and Leslie Williams, Doris Mathis, Paul and Gail Kurtz, Julia Foster, Philip and Barbara Guller, Michael Jordan, John and Cora Ann Chapman, Norma and Frank Strickland, Earl and Annabel Dobert, and Mary Gray.

In memory of **Harry Miley** from Doris Mathis.

In memory of **Bill Smith** from Doris Mathis.

TUMC Shuttle

Don't forget that Trinity has a partnership that can help you get up the hill on Sunday mornings!

Watch for the multi-seat golf cart in the Library lot. Just indicate that you would like a ride and they will drop you off in front of the church. Easy peasy!

Homeless Mats

Rose Glenn
Homeless Mats Chair

Summer is over and everyone is gearing up for all the fall activities. School has started and the church is ready for the fall programs to begin.

I am getting ready for our first fall meeting for the Homeless Mats. I want to invite you to join me in this important mission project to help our homeless neighbors.

We will meet **September 12 in the Conference Room from 10:30 to noon**. We need a lot of help to finish making our mats in time for Christmas. If you know how to crochet, we need your help. If you want to learn, we can teach you. We need help in folding and cutting the bags. Please come and join us in September (budsthorn@comcast.net) or (850-727-8526).



A Mountain Top Experience

Dr. Wayne D. Wiatt
Senior Pastor

Many of you are aware that Ramona and I just returned from our vacation and a wonderful two weeks out west in California and Alaska. We began our trip visiting Redwood National Park and Yosemite National Park in California. As we continued to travel north, we finished our time out west at Denali National Park and Reserve in Alaska. The picture below was taken on my iPhone as our bus driver guided us up the mountain through magnificent tundra until we were able to view the Northernmost mountain in the world, above 6000 meters, DENALI. She had us all close our eyes as the bus climbed up the hill and around a final curve. As our driver Toby brought our bus to a screeching stop, she told us to open our eyes... and this is what we saw!



It was announced that we suddenly became members of the 20% Club that Day! – meaning that only two out of every ten people actually get to see Denali in its entirety when they visit the mountain!

That day, I remembered that Margie Smith, one of Trinity's favorite personalities, shared with me last spring how excited she was that we were planning this trip to Denali. She shared a story about traveling one summer to visit her son Jeff, who was a ranger in Denali Park. She shared the story of their hike up a snow-covered trail through the fog and mist.

As they hiked up the trail and over the hill, she reflected that after a week of being socked in with rain and haze, the clouds miraculously lifted and like a curtain opening before her eyes, she finally saw Denali in all of its glory. With a smile and eyes of enthusiasm that only Margie Smith could express, she said it was her own personal miracle that day, truly a "Mountain Top Experience."

After returning from vacation, I have reflected upon our adventure, the value of time away, and experiencing "one day at a time." Following my sermon this past Sunday, a number of people asked for the poem/essay I shared by **Dr. Frank Crane**, a Presbyterian Minister and columnist for the Boston Globe (1921). I told the story of how my mother used to recite this poem to me as she drove me to school. It became a personal mission statement

for her and all the students she taught through the years. "**Just for Today**" is a good recipe for a daily "Mountain Top Experience" as we navigate our hiking trails through life!

Just for Today, I will try to live through this day only. I can do something for twelve hours that might otherwise appall me if I felt I had to keep it up for a lifetime.

Just for Today, I will be Happy. This assumes that what Abraham Lincoln said is true, that "most folks are about as happy as they make up their minds to be." Happiness is from within; it is not a matter of Externals.

Just for Today, I will adjust myself to what is, and not try to adjust everything to my own desires. I will take my family, my business, and my luck as they come, and fit myself to them.

Just for Today, I will take care of my Body. I will exercise it, care for it, and nourish it, and not abuse it nor neglect it; so that it will be a perfect machine for my will.

Just for Today, I will try to strengthen my mind, I will study. I will learn something useful; I will not be a mental loafer all day. I will read something that requires effort, though and concentration.

Just for Today, I will exercise my Soul. In three ways, to wit:

(a) I will do somebody a good turn and not get found out. If anybody knows of it, it will not count.

(b) I will do at least two things I don't want to do, as William James suggests, just for exercise.

(c) I will not show any one that my feelings are hurt. They may be hurt, but today I will not show it.

Just for To-day, I will be agreeable. I will look as well as I can, dress as becomingly as possible, talk low, act courteously, be liberal with flattery, criticize not one bit nor find fault with anything, and not try to regulate nor improve anybody.

Just for Today, I will have a Program. I will write down just what I expect to do every hour. I may not follow it exactly, but I'll have it. It will save me from these two pests Hurry and Indecision.

Just for Today, I will have a quiet half hour, all by myself, and relax. During this half hour, some time, I will think of God, so as to get a little more perspective to my life.

Just for Today, I will be Unafraid. Especially I will not be afraid to be Happy, to enjoy what is Beautiful, to love and to believe that those I love, love me!

This is the day that the Lord has made; let us rejoice and be glad in it.

Psalms 118:24

Dr. Wayne

Music News for September

Mark Repasky
Music Director

Have you seen the music posters near my office and in the choir room? How about the door of the handbell room? Perhaps my favorite is the "WANTED" poster. The one that says, "WANTED: Choir Members. Whereabouts unknown, last seen hiding out in the congregations. Reward." Ok, if that is YOU, come join a choir or one of the other music groups here at Trinity. For many of the groups, joining is easy, just come to one of our rehearsals. Questions? Contact me at mrepasky@tumct.org.

First Rehearsals

After the summer break, most of the music groups start up again in late August or early September. Here is the list of groups with their practice locations and times:

- **Circle of Friends Praise Band** practices at 7:30 p.m. on Wednesdays in Moor Hall year round.
- **Chancel Choir** resumed rehearsals August 21 at 7:30 p.m. Wednesdays in the choir room.
- **Trinity Ringers** begin September 4 at 6:15 p.m. in the handbell room.
- **Heavenly Chimes** begin September 5 at 1:45 p.m. in the handbell room.

• **Jubilation Bells** begin September 8 at 6:15 p.m. in the handbell room.

• **Sacred Pans** begin September 8 at 3:45 p.m. on the back stage of Moor Hall.

• **Pans of Praise** begin September 8 at 5 p.m. on the back stage of Moor Hall.

• **NETkids Choirs** begin September 11 and go from 4:15 and 4:45 p.m. in the choir room.

• **Instrumental Ensembles** meet September. Contact Carol Marchant (sesquialt@icloud.com).

• **Youth Choir and Youth Praise Band:** Contact Lisa Prasse (lprasse@tumct.org) our Youth director for more information.



Donna Bryan and Manny Garcia on Bluegrass Sunday.

Organ News

The sanctuary organ has recently been returned to service after its 20-year "check-up". We are pleased to report it is working wonderfully. If you come up to the console, you may notice a major change. The three keyboards have switched color schemes. For about 20 years, the keys were opposite color of a piano keyboard. For instance, the sharps/flats were all white keys. The new

keyboard is now the same color scheme as pianos. Nothing was done to the pipes of the organ, which is the "heart" of the instrument. These should last a long time. Electronics and moving parts like the keyboards do need replacement from time to time.

We will soon begin publicizing special concerts as we celebrate in 2020, the 20th anniversary of our grand organ, Casavant Opus 3786.



The Trinity Bluegrass band, from l-r, Karalee Poschman, Donna Bryan, Manny Garcia, Ed Prasse, Jim Ed Martin, Russell Large, Kayla Williams, and Brian Durham.

Local Missions loves our neighbors

Dennis Smith
Local Missions Chair

The Local Missions Committee is looking forward to kicking off another great year of service this September but we are missing something very important. What we are lacking is very special – totally unique. It is like a superhero created by God – something supercharged by the inspiration of Jesus Christ. It is the force, inspired by prayer, that can change the world. It's the missing letter between T and V. What we are missing is YOU!

Our first meeting of the year will be held at **5:30 pm on Monday evening, September 9, in the Church Library.** If you've ever wanted to help out, please come by and find out more of what we do. If you have a great local mission you already support, come by, tell us about it, and build synergies with our other powerful activities.

Trinity's Local Missions Team — Trinity Cares Spotlight



Don't worry, we will do more than just talk. We will be rolling up our sleeves to work on our budget. We will also be connecting new members to the committee to critical needs within our church – such as finding someone to take over Gloria Whitaker's decades long direction of our Christmas dinner, ensuring we have enough hands to serve meals at The Shelter for the year, and brainstorming on how to sustain other key activities for which Trinity United Methodist Church has become known.

While Tallahassee is a great place to live, it is also filled with people with critical personal and economic challenges. These people – each of them our neighbors – pray every day for a better life, someday just for a little ray of sunshine in the darkness. Sometimes in the midst of

our busy lives, our own cloudy days, we forget how important it is as Christians to be there for others. So, this coming year, be that sunshine. Use your God-given superpowers. Join us on Monday, September 9 and let your neighbors see God's love. And as always, feel free to email me at dsmith3@dsu.edu or call me at 850.294.3026 if you would like to talk.

Volunteers Needed at The Kearney Center

We serve meals to the Homeless on the first and fourth Monday of every month. The work schedule is broken down into quarters.

Please contact Sabrina Denmark (566-5253 or sab.den@comcast.net) for details and/or to volunteer.

Special FREE Concert September 6 at 7 p.m.

Please welcome Ihor and Olena Matselyukh

Thanks to Viktor Billa, who through his friendships and acquaintances has produced yet another free concert of professional, classically trained musicians.

This time, it will be the instrumental duo of Ihor and Olena Matselyukh, who started playing together at the Conservatoire in Lviv. Later, in the Lviv Organ and Chamber Music Hall, this creative couple started organizing concerts of different epochs, styles and genres, giving new life to works which were not traditionally performed on the Pan Flute, e.g. music by C. Debussy, P. Tchaikovsky, E. Grieg, B. Bartok, F. Kreisler, B. Dubossarsky, B. Kotiuk, and others.

As a performing duo, Ihor and Olena Matselyukh have toured most of the cities in Ukraine and also in the capital, Kiev. They have also performed in many European countries, to substantial acclaim while promoting Ukrainian performing traditions—borrowing bits of global versatility to broaden their repertoire horizons and further develop their interpretative vision.

Ihor Matselyukh is a gifted musician, who has mastered several musical instruments. His first passion in music was playing the bayan (a button accordion) at Lviv Conservatoire, but his folkloric studies led him to the class of the sopilka, along with other wind instruments.

He has participated in professional competitions winning prestigious prizes. Yet, his passion has always been drawn to folk wind instruments, of which he has mastered several. His unquestionable favorite is the pan flute, with origins that go back to ancient Greece, and whose legend gave rise to another name for the instrument – Syrinx.

Leading Ukrainian organist **Olena Matselyukh**, is a soloist at the Lviv National Philharmonic, Rivne Philharmonic, as well as the House of Organ and Chamber Music in Lviv. She performs throughout Ukraine and has a full schedule of performing in Switzerland, Germany, France, Spain, Poland, Czech Republic and Denmark.

As one of the best interpreters of J.S. Bach's organ creativity in Eastern Europe, Olena Matselyukh has been opening

Bach Festivals in Brno (Czech Republic) and Wroclaw for several years. In Poland, she greets her many fans by playing her signature song, "Music in Old Krakow."



Ihor and Olena Matselyukh

Join the BFC exercise fun and fellowship!

Becoming Fit at Church Team

BFC Fit MIX resumes on Wednesday Night at 6:30 p.m. during Lay Academy

Fit Mix is a combination of high intensity cardio and strength training. Each week is a different format. We never get bored as we keep challenging our bodies. Great for **any fitness level** with modifications available for each exercise.

The opportunity to meet a wide variety of people in the church is the reason I love to teach on Wednesday nights. Interacting with different age groups - we are single, moms, grandmothers and even great-grandmothers - all coming together to improve our health! I would like to welcome you to come as you are and embrace your health and fitness journey with me.



BFC Tues/Thurs morning exercise program continues all year round

Staying Strong, taught by Ruth Ann High or Beth Curry (with Jaqui Griffith as a sub) on Tues/Thurs at 9:30 a.m., is a wonderful way to begin or return to exercise with a gentle standing and seated format which includes strength, balance and flexibility exercise too. **Beginner level.**

Variety Mix, taught by Amy Leach or Beth Curry, is the perfect Tues/Thurs morning class at 11:00 a.m. - offers a fast paced, full body workout. Come join us one day and give it a try! It's a great group and many stay to have lunch together afterward while waiting to pick children up from preschool programs. **Intermediate to Advanced level.**

- Drop into any class - any time - for FELLOWSHIP, FUN and FITNESS!
- The suggested donation is \$3 per class for all classes.

• Registration of \$10 for Fit Mix may also be made when Lay Academy sessions begin and is due on the first night of class.

• One hundred percent of donation are used as follows: Morning classes to community outreach/missions. Evening classes to fund minor class needs/equipment. Over \$55,000 has been raised to date.

Nursery

• Baby/Toddler childcare is free and available by advanced reservation ONLY for Tues/Thur Variety Mix class at 11:00 a.m. Contact Amy Leach (AmyCleach@hotmail.com).

• The nursery is free and available for Fit Mix at 6:30 p.m. on Wednesdays through the regular Wednesday Night church nursery.

BFC Calendar



Drop in any time! *Classes in the Parlor*

BFC Series Exercise Classes*

Tuesdays and Thursdays

- 9:30 - Staying Strong
- 11:00 - Variety Mix**

**\$3 suggested donation **Nursery by reservation only*

— Wednesday —

Fit MIX will resume on September 11 at 6:30 p.m. as part of Lay Academy!

For more information about BFC, please contact:
Beth Curry BFCSeries@yahoo.com, **Amy Leach** AmyCleach@hotmail.com, or **Elaine Freni** elainefreni@gmail.com.

Trinity Preschool partners with Lucky Goat Coffee for fundraiser

Stacey Duggar
Preschool Director

The preschool is selling **Lucky Goat Coffee!** \$11.00 per 12 ounce bag. If you would like to order, please call the preschool director, Stacey Duggar, at 850-224-8992 x3 for details!

We will be **selling from September 10-24**, and the coffee will be available for **pick-up on October 11.**

Thanks for always supporting our awesome preschool!



**TRINITY UNITED
METHODIST CHURCH
PRESCHOOL**

Seminoles Chaplain, Clint Purvis, Speaker - September 3

Nancy Bedford
Communications Officer

Florida State football Team Chaplain, Clint Purvis will be the speaker for the UMW September 3 "Kickoff Luncheon."



There is no more unique ministry to young people than the ministry of Clint Purvis, Team Chaplain for the Florida State Seminoles. His message and his pastoral care for over thirty plus years has been the tie that binds all generations of Nole players. This "spiritual coach" wears many hats and is beloved by all the students he has worked with. His duties and unique approach to ministry are a blessing to the players and

Alpha Circle: Monday, September 9, 10 a.m., Oak Room, Westminster Oaks, Cynthia Smith, chair.

Dorcas Foster: Tuesday, September 3, at 1p.m., in the church library, Nancy Kerce, chair.

Mary Martha Circle: Monday, September 9, 6 p.m. 2104 W. Randolph Circle, Julie Pararo, hostess/chair.

Sojourners Circle: Wednesday, September 4, at noon, Cafe at St. Johns, Marti Chumbler, chair.

Susanna Wesley Circle: Tuesday, September 17, at 10 a.m. Specialty House, Meandering Lane, Westminster Oaks, Liz Smith, chair.

The Voice Circle: Thursday, September 19, at 11 a.m. Canopy Roads Cafe, Patti Oakley, chair.

their families. We look forward to having Clint as our September guest speaker. You won't want to miss his stories and message. Feel free to wear your favorite team colors! Save the date, Tuesday, September 3 at 11:45 in Moor Hall. The luncheon concludes by 1 p.m. and the

cost is \$6. Guests are welcome (including men). You don't have to be a member of UMW to attend but PLEASE phone in your reservations to Nancy Kerce **877-6546** before Friday, August 30 so that the correct amount of food can be ordered. Hope to see you there!

Trip to Lake Junaluska

Nancy Bedford
Communications Officer

Eight Trinity members under the leadership of Nick Quinton traveled to The Festival of Wisdom and Grace held at the beautiful Lake Junaluska Conference & Retreat Center in North Carolina. The theme "Growing Deeper

Roots" explored aging with purpose and pastoral leaders delivered dynamic messages of inspiration through worship and workshops. Afternoons were free to enjoy additional activities including a trip to the Biltmore Estate, line dancing, the World Methodist Museum, an afternoon tea, a walk along the lake or relaxing in a rocking chair. Evenings offered boat tours, a hymn sing, a comedy/music show and an ice cream social. The food and fellowship were plentiful as old friendships were strengthened and new friendships formed.

Our annual Mountain Retreat provides many other experiences in addition to the conference! Favorite stops include Hendersonville, Waynesville, the

Commerce Outlet Mall, Van's Chocolates, and Lane's Peach Orchard. We always look forward to The Flat Rock Playhouse production and this year's musical "All Shook Up" featuring Elvis songs was outstanding. Come join us next August for a wonderful experience!



Youth Happenings in September

Lisa Prasse Youth Director
Ryan Kielmann Youth Ministry Intern



A Note from Lisa ...

It has been an awesome summer and I am so proud of my youth for how they challenged themselves and grew spiritually this summer. We started off the summer learning more about how best we can "Love One Another" during Youth Week. Our youth were not only willing to challenge themselves personally but they went out and told others about God, our church, and being a Christian.

That's hard for anybody to do, not to mention a teenager. The Bible says, "Get the word out. Teach all these things. And don't let anyone put you down because you're young. Teach believers with your life" **1 Timothy 4:11** Your youth did JUST that! Did you know that according to research in 2017, 96% of unchurched people are somewhat likely to attend if they are invited? If we don't invite them then who will? It's up to us to reach out to others and invite them to a Bible study, a Wednesday night dinner, a worship service, or maybe a mission project or a really fun **Back•2•School Pool Party** (photos to the right and below)! It's up to each of us to reach out into the world and share the love of God with others; not just

keep it here at church. In so doing, we are spreading the Good News and fulfilling the Great Commission.

We finished our summer fun with our annual back to school pool party and had so much fun in fellowship together. While this is a once a year event, please be reminded as we gear up for another school year that we have Sunday School every Sunday morning in the Underground at 9:45; UMYF every Sunday night from 6-8:00 p.m.; and our Youth Bible Study meets Wednesday nights from 6:30-7:30 p.m. beginning September 11, and we would love to have you join us then! Youth Bible Study begins right after dinner in Moor Hall (which begins at 5:30 p.m. and is only \$7 with your reservation made in the church office: **222-1120.**)



This is a great time for our youth to connect mid-week and pray for/challenge/and fellowship together. Please contact me, Lisa Prasse, (lprasse@tumct.org) with any questions or if you'd like more information regarding any and all things Youth related!

Upcoming Events

Check out the youth website for more information: <http://www.tumct.org/connect/community/youth/>

Sept. 11... Youth Bible Study resumes

Sept. 15... Acolyte Training/Ice Cream Social

Sept. 29... UMYF @ the Lake (Dr. Wiatt's home)

Oct. 20..... Youth/Children's Sabbath

Oct. 27..... Halloween Party!

New Members join in August

It's always great to see the smiles on new members' faces as they see the recognition and acceptance of the congregation as they are introduced. Please read the brief bios of these newest members to know them better.

• **Kristin Davis:** Kristin was born and raised in Boynton Beach, FL. Her grandfather, Nelson P. Moyer, was a minister of First United Methodist Church in Boynton Beach. Kristin is the mother of three amazing dudes; 11 year old twins that attend our youth group and 3 year old Cooper that attends our preschool and is a cherub. They are her life, she lives for them, and she sees God's miracles through their eyes!

• **Bryan and Nancy Goff:** Bryan and Nancy have lived in Tallahassee for 45 years. Bryan is a retired Professor of Trumpet FSU and Nancy was a middle school band director. Bryan played in the Florida State Brass Quintet each Easter at Trinity for 20 years, which is how they both got connected here!



• **Eric and Christie Hand:** They have two sons, Camden, age 8, and Mason, age 5, who will both be attending Florida High in the fall. Eric is a Pharmacist who works for Walgreens, and Christie is an instructor at FSU in the Retail Entrepreneurship department. Eric enjoys cycling, Christie enjoys cooking, and the whole family enjoys traveling and spending time at Lake Mystic in Bristol with family.



• **Steve and Diane Jacobs:** Steve is a lifelong Methodist with years of perfect attendance pins growing up to prove it (back when they did that sort of thing). Diane is a lifelong Methodist, too! In fact, she grew up at Trinity – she was baptized, attended kindergarten and was confirmed here! In retirement, they travel a LOT and so their attendance at home may be spotty but they've visited a lot of other churches (mostly Methodist) in the process. Trinity is a comfortable church home for them and Diane is especially glad to be back "home." Steve and Diane met at University UMC in Gainesville while they were both at school at UF. They were married at Trinity in 1981 by Ramona Wiatt's father, Albert Folds.



• **Paul and Pat Nichols:** Paul was born in St. Petersburg, FL. After graduating from FSU, he worked for Honeywell Aerospace in St. Petersburg. He relocated to Tallahassee in 1973 and worked for several State agencies in administrative capacities and retired as Director of Human Resources for the Florida Legislature. He has two children, Lee Nichols (wife Lisa, and daughters Hannah and Emilie) and Christy Flury (husband Jim, and sons Conner and Ben). Paul's

interests include FSU football, women's basketball and baseball and participating in FSU's OLLI program.

Pat was born in Tampa and worked for the former State Department of Health and Rehabilitative Services (HRS) district office in Tampa after graduating from FSU. She relocated to Tallahassee in 1979 and worked for the HRS headquarters' Youth Services program. Until retirement, she also worked for other social services programs including Mental Health, Drug Abuse, Children and Families, Juvenile Justice. Pat is stepmother to Lee and Christy and she shares the same interests as Paul.



• **Dick Woodward:** Dick is a retired pastor and principal. He is a native of Avondale, Pennsylvania. He earned a bachelor's degree from Livingstone College in Salisbury, NC, a master's degree in counseling from UNC Greensboro, and a doctorate in school leadership from Nova Southeastern in Fort Lauderdale, FL.

MONTHLY
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Trinity United Methodist Church
P.O. Box 1086
Tallahassee, Florida 32302
(850) 222-1120 www.tumt.org

Rev. Dr. Wayne D. Wiatt, Senior Pastor
Jonathan Brewster, Associate Pastor
Dr. Nick Quinton, Director of Adult Discipleship and Education
Rex Adams, Director of Communications